



Musashino City



Foreigner Handbook



Fiscal Year 2018

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Musashino City Hall Guide

Musashino city hall is located in Midoricho 2-2-28 and is open 8:30-5:00. No services rendered on weekends, holidays or the end or beginning of the year. All phone numbers in the chart below (Japanese only) are only the Musashino extension. If you are calling from out of city, please be sure to add a 0422 before the number listed. More details are listed on the city website. The website offers limited English support and an auto-translator function for English, Chinese and Korean. Please note that there may be inaccurate translations if used.

Website: <http://www.city.musashino.lg.jp/about/translations.html>

English and Korean inquiries

(0422-51-5131)

English and Korean interpretation and translation available Monday - Friday, 9:00-5:00pm

. However, there is no direct line so please dial the main number and you will be transferred to the correct representative. Please also note that there may not be someone available to immediately assist you so it is recommended to call in advance and schedule a phone or in person meeting. In person interpretation is only available at city hall.

Other multilingual inquiries

(0422-36-4511) <https://mia.gr.jp/>

For additional language services please contact the Musashino International Association (MIA) for details. Phone and in person support is available in multiple languages. In person support availability time varies based on the language. Please call or visit website for more details.

*All below numbers only have support in Japanese.

**Any areas with a double asterisks means it is directly run by city hall, but not located in city hall.

Name of dept. / sec. / organization	Number	Services
Planning and Administration	60-1801	City base infrastructure policies, general adjustments, long term planning, process management
	60-1970	2020 Olympic/Paralympic & 2019 Rugby World Cup affairs
Secretary	60-1800	Mayor and vice mayor secretarial affairs
Press (public relations)	60-1804	Public relations, city newsletter
General Affairs	60-1807	Legislation, document management, mail services
	60-1808	Statistical surveys, school certifications
	60-1819	Construction and procurement inspections
Local Autonomy and Legal Affairs	60-1912	Ordinance management, court rulings, surveys, lawsuit management etc.
Human Resources	60-1810	HR management
	60-1814	Employee training
	60-1811	Employee wages
	60-1812	Employee benefits, safety and health
Information Management	60-1805	Digitalization, IT system planning, development and management
Financial Affairs	60-1803	Budget adjustment, execution management, financial planning
Property Management	60-1815	Public asset management, donation receipts
	60-1816	City hall and public vehicle management
	60-1817	Construction and other contracting, leasing and loans
	60-1818	Procurement contracting
Facilities Management	60-1865	City facility management and maintenance
Municipal Tax	60-1822	Corporate tax, light vehicle tax, tax certificates, tax system

	60-1823	Municipal tax filing and taxation
Fixed Assets Tax	60-1824	Depreciable asset evaluation, fixed asset tax
	60-1825	Home evaluation, fixed asset/city planning/business tax
	60-1826	Land evaluation, fixed asset/city planning/special land tax
Tax Payment	60-1827	Municipal tax collection, tax refunds, tax enforcement
	60-1828	Other tax collection, tax enforcement
Consumer and Economic Affairs	60-1832	Commerce & industry promotion, labor unions, tourism, loan mediation
	60-1833	Agricultural promotion, civilian garden
**Consumer Center	21-2972	Consumer life improvement
	21-2971	Consumer issues
Civic Activities Promotion	60-1830	Community center & NPO management, civilian activity promotion
	60-1831	Cultural event and facility management
	60-1869	Gender equality
	60-1829	Public hearings, legal and human rights consulting, peace promotion
	60-1809	Public document reference service, information disclosure, privacy protection inquiries
	37-3410	Gender Equality Center
International and Domestic Affairs	60-1806	International & domestic exchanges, multilingual services
Social Insurance	60-1834	National health insurance qualifications and issuance
	60-1835	National health insurance taxation
	60-1837	National pension
	60-1913	Latter stage elderly medical insurance qualifications and issuance
	60-1836	Tax collection and enforcement
Family Register	60-1839	Moving notification, stamp registration, certificate issuance, address mapping
	60-1840	Birth, marriage, death and other family registrar matters
	0570-001-634	My number affairs
Public Safety and Crisis Management	60-1916	Crime prevention, sex industry removal, crisis management
Disaster Prevention	60-1821	Fire-fighting, disaster prevention
Environmental Affairs	60-1841	Environmental policy, planning and development, energy management
	60-1842	Pollution solutions, advertising approvals, dog registration
**Refuse Management	60-1802	Waste processing commission, planning and management, trash collection, illegal dumping, public toilets, civilian waste meetings, smoking prevention, environmental beautification, group collections
**Clean Center (waste incinerator)	54-1221	Incinerator management
	60-1844	Large waste reception
Sewage Systems Management	60-1914	Sewer usage fee
	60-1868	Sewer management and planning
	60-1867	Water quality checks, rainwater tank and permeation facility subsidies
Green City Promotion	60-1863	Greenification promotion and planning
	60-1864	Park and roadside tree management
Community Welfare Support	60-1941	Health and welfare general planning, community restoration, home medical care, long term care cooperation, welfare worker training, community welfare
Social Welfare	60-1848	Social welfare management

	60-1254	Income issue counseling
	60-1849	Hospitalization midwives
Senior Citizens Support	60-1940	Senior citizen welfare and facility planning
	60-1846	Senior citizen services & counseling, LTC prevention, daily living support
	60-1947	Community comprehensive support center
	60-1845	Long term care insurance qualifications, taxation, issuance and planning etc.
	60-1925	LTC service counseling, complaint handling, service provider guidance
	60-1866	LTC approvals
Social Welfare for the Disabled	60-1904	Planning, facility maintenance, medical care, benefits
	60-1847	Service counseling, right protection, abuse prevention, community support
	**55-3825	Rehabilitation consulting, independence training, seminars
**Musashino Health Center	51-0700	Vaccinations, health exams, birth and child raising affairs, health promotion
Children Policies	60-1851	Children policy management
	60-1239	Mother/child play groups, child raising information
Child-Raising Support	60-1854	Daycare center management, enrollment & counseling, private kindergarten management
Children and Family Support	60-1852	Subsidy for infants and compulsory education students, child raising allowances, single parents medical and housing subsidies
	60-1850	Counseling for child raising/single parents/women, child abuse prevention
Youth Affairs	60-1853	Youth raising, Youth Affairs Committee, Khabarovsk nature excursion, child nature excursion, school clubs, Asobee (free-activity at public facilities)
	**53-2206	Sakurazutsumi Jidokan management
Urban Design and Improvements	60-1870	City planning committees, continuous grade separation, road planning
	60-1872	City planning and adjustments
	60-1873	City planning ordinances
**Kichijoji Urban Planning Office	21-1118	Kichijoji Station area adjustments
**Musashi Sakai Development Office	52-0151	Musashi Sakai Station area developmental planning
Traffic Management	60-1859	Traffic safety surveys and inspections, Mu Bus management, disaster commuting mutual aid reception, parking lot application reception
	60-1860	Bike parking lot maintenance, parking rule enforcement and safety seminars
Housing Management	60-1905	Residential real estate management, house and anti-earthquake measure counseling
Building and Construction Guidance	60-1874	Construction registration and certification, building dispute adjustments
	60-1875	Correctional guidance for illegal construction, reception for construction recycling
	60-1876	Construction plan appraisal, road position specification
	60-1877	Building structure confirmation applications and maintenance

		inspections, emergency hazard management, periodic building reports
Road Management	60-1857	Road and street lamp management, approval of exclusive use
	60-1855	Road maintenance execution planning, narrow road adjustment
	60-1861	Road maintenance
	60-1858	Road boundaries and registration, road width certification
Public Land	60-1878	Real estate registration and contracting
Municipal Land Development	60-1879	Municipal land development
Accounting	60-1880	Receipts, expenditures and account settlement
	60-1881	Receipts and expenditures auditing
**Waterworks	54-5176	Construction bidding and contracting, accounting, document management, HR affairs etc.
	52-0733	Water utility payments, adjustments and starting and stopping services
	52-0735	Waterworks management, water distribution device registration and counseling, waterworks diagram viewing, water storage distribution, water sanitation and quality management etc.
Educational Planning	60-1894	General educational planning, board of education office work
	60-1895	School budget and facility management
Human Resources and Guidance	60-1897	Summer camp, joint event management, free lending of teaching materials
	60-1896	Teaching staff payroll, management, training and healthcare
	60-1253	School IT system management
	60-1241	Teacher support and training, information management, coordination etc.
	60-1898	School curriculum planning
Education Consulting and Support	60-1900	School district planning, schooling support
	60-1901	School nurse and meals
	60-1908	School enrollment and transfers, special educational management
	**60-1899	Education counseling, social worker visits, special needs classroom management
	**54-8626	International and foreigner schooling affairs
Lifelong Learning and Sports	60-1902	Learning & sport events, school facility usage, Musashino Place management
	60-1903	Lifelong learning and sports promotion, gymnasium management
	**51-9144	Civic Hall management
	**53-1811	Musashino Furusato History Museum management
**Chuo Library/library management	51-5145	Library management, general office work
**Kichijoji Library	20-1011	General library affairs (Chuo Library included)
**Musashino Place	30-1900	
Election Administration Committee	60-1893	Election management and affairs
Auditing Committee Bureau	60-1892	Office work auditing
Agricultural Affairs Committee Secretariat	60-1833	Agricultural Committee, agricultural affairs
Fixed Assets Appraisal Committee	60-1809	Fixed asset appraisal value dissatisfaction counseling
City Council Secretariat	60-1882	City council general affairs
	60-1883	City council management, City Council Dayori issuance, petition reception

Musashino City Administration Center Guide

Musashino has three administration centers; one for each station region. Each center fulfills some basic functions of city hall. City administration centers also offer special night and holiday hours. No parking available.

General reception (G): Monday - Friday, 8:30am-5:00pm. Closed weekends, holidays and the end and beginning of the year.

Night reception (N): Monday, Wednesday, Friday 5:00pm-8:00pm. Closed weekends, holidays and the end and beginning of the year.

Holiday reception (H): 2nd and 4th Sundays 9:00am-4:00pm.

1. Kichijoji City Administration Center, Kichijoji Honcho 1-10-7 (22-1821) (G)
2. Chuo City Administration Center, Nakacho 1-2-8 (56-3800) (G)(N)(H)
3. Musashi Sakai City Administration Center, Sakai 2-10-27 (53-2200) (G)

Website: http://www.city.musashino.lg.jp/shisetsu_annai/shisetsu_shiyakusho/shiseicenter/index.html

English and Korean inquiries

Please see city hall guide for how to receive these services.

Other multilingual inquiries

(0422-36-4511) <https://mia.gr.jp/>

For additional language services please contact the Musashino International Association (MIA) for details. Phone and in person support available in multiple languages. In person support availability time varies based on the language. Please call or visit website for more details.

*All below numbers only have support in Japanese.

*Some services may not be fully available during night or holiday reception so please call and inquire in advance.

Services	Reception	Details
Moving notifications	GNH	Requests done during night reception are issued the next business day after 1:00pm. Overseas moving notifications must be done in person.
Special moving notifications	GH	Not all services available on holidays
Foreigner moving in notification		Only available at city hall
Other foreigner moving notifications	GH	
Residence certification copies	GNH	Some copies only issuable during normal weekday hours
Residence certification detail report	GNH	Used for pension status reports etc.
Civilian directory browsing		Only available at city hall
My Number Card issuance		Only available at city hall
Citizen certification card	GH	Used for automatic issuance at vending machines
Non-residence certification	GNH	
Proof of address	GNH	This shows the address using Japan's old address system
New building notification	GH	
Inkan (stamp) registration, deregistration	GH	
Inkan registration certification	GNH	
Family registrar	GNH	Confirmation takes 20-30 minutes. If it goes beyond working hours it will be stored at the city hall West building security window.

Foreigner family registrar		Only available at city hall
Family registrar certification	GNH	Only issued to those registered in Musashino
Family registrar removal and revision etc.	GNH	
Family registrar various copies	GNH	
ID issuance	GNH	
Family registrar receipt certificate	GNH	Only issued to those who submitted notification to Musashino
Non-residence certification	GNH	
Family registrar contents certification	G	Requested by fax from city hall and takes 10-20 minutes
National health insurance enrollment etc.	GH	
National health insurance card reissuance	GH	
High medical fee subsidy application	GH	
Funeral subsidy application	GH	
National health insurance facility subsidy	GH	Subsidy for health promoting facilities in sister friendship cities
Birthing subsidy application	GH	
National pension enrollment etc.	GH	National pension exemption & student special application only at city hall.
Pension death lump sum application, old age contribution application	G	Must be done at the Musashino pension office if employee pension or if during the 3 rd insured's enrollment period
Latter stage elderly care card reissuance	GH	
High cost medical care subsidy application	GH	
Prosthetics subsidy application	GH	
Funeral subsidy application	GH	
Latter stage elderly care facility subsidy	GH	Subsidy for health promoting facilities in sister friendship cities
Child allowance application, status report	GH	
Infant & child medical subsidy application	GH	
Private kindergarten subsidy application	GH	
Daycare application and guidebook issuance	GH	
School transfer notification	GH	
Mother child handbook issuance	GH	
Long term care insurance card reissuance	GH	
Senior citizen facility subsidy	GH	Subsidy for health promoting facilities in sister friendship cities
Health handbook issuance	GH	Only issued to those 40 years of age and older
Citizen Welfare Society application	GH	
Citizen funeral application distribution	GH	
Municipal tax certifications	GNH	Night reception requires prior registration the day of intended application by 4:00pm to city hall (60-1822) Certifications are for income purposes etc.
Fixed asset/city planning/tax certifications	GH	
Tax payment certifications	GH	For municipal, fixed asset, national health insurance and light vehicle tax. Corporate tax and registration certificates only issued at city hall.

Fixed asset evaluation certification, public tax certifications	GH	Requests for a fixed asset tax list, public figures or aggregate name lists must be obtained at city hall. City administration center services limited on holidays.
Land or house address/destruction certifications	GH	
Housing certification	GH	
Light vehicle registration/deregistration	GH	For vehicles 125cc or under. Services limited on holidays.
Municipal tax, asset depreciation reception	GH	Several forms of paperwork etc. required to be held for process.
Tax payments	GH	Municipal, real estate, national health insurance and light vehicle tax bills are reissuable. There are some things that cannot be issued. Services limited on holidays.
Water & sewer	G	Bill reissuance.
Latter stage elderly care, Long term care		Latter stage elderly care and long term care (LTC) bill reissuance only available at city hall. (60-1845)
Household fire extinguisher subsidy application	GH	
Vehicle temporary license approval	GH	
Dog registration	GH	Services limited on holidays.
Traffic accident mutual aid application	GH	
Musashino Cultural Foundation ticket sale, facility usage, Arte membership	G	Some services limited.
Gymnasium usage application	G	
Musashino map sale	GH	1/7000 scale.
Free city material issuance	GNH	Musashino living guide, evacuation map, trash guidelines, hazardous trash bags, trash collection bags etc. are free of charge.

Bill Payments

The following Musashino bills may be paid at any time during general reception hours:

- ✓ Municipal tax
- ✓ Fixed asset tax
- ✓ City planning tax
- ✓ Corporate tax
- ✓ National health insurance premium
- ✓ Latter stage elderly care insurance premium
- ✓ Long term care insurance premium
- ✓ Water & sewer bill
- ✓ Civilian garden usage fee
- ✓ Tokyo Mother child/women welfare loan repayment
- ✓ Daycare fee
- ✓ Road usage fee
- ✓ Musashino Cultural Foundation facility usage fee

*Taxes from other municipalities (including Tokyo metropolitan municipal tax) and national tax payments are not available.

Counseling Services

Musashino and other governmental bodies and outside organizations offer a wide variety of counseling services. The services are broken down by category in the below table.

English and Korean inquiries

Please see city hall guide for how to receive these services.

Other multilingual inquiries

(0422-36-4511) <https://mia.gr.jp/>

For additional language services please contact the Musashino International Association (MIA) for details. Phone and in person support is available in multiple languages. In person support availability time varies based on the language. Please call or visit website for more details.

*All below numbers only have support in Japanese.

Type	Phone	Details
Administrative counseling		
City administration	0422-60-1829	Civic Activities Promotion Section, weekdays 8:30-5:00pm
Tokyo metropolitan administration	03-5320-7725	Tokyo metropolitan government, Civilians Voice Department, weekdays 9:00-5:00pm
National government administration	0570-090110	Ministry of Internal Affairs, Tokyo Evaluation Office, Administrative Complaints
	0422-60-1829	Civic Activities Promotion Section, reservation basis, every 2 nd Thu 1:00-4:00pm
Legal counseling		
Legal	0422-60-1829	Civic Activities Promotion Section, reservation basis, M/W/F 10:00-4:00pm
	0570-040-080	Bar association Kamata Counseling Center, general counseling, weekdays 10:00-4:00pm
	0570-200-050	
	0570-078-374	Japan Judicial Support Center (Law Terrace), weekdays, 9:00-9:00pm, Saturdays 9:00-5:00pm
	0570-079-714	Law Terrace crime victim support, weekdays 9:00-9:00pm, Saturdays 9:00-5:00pm
	03-3353-2700	Tokyo Judicial Clerk Association, weekdays 10:00-3:45pm, Wed/Thu 5:00-7:45pm
	042-540-0663	
	03-5489-2411	Tokyo Administrative Clerk Association, weekdays 10:00-4:00pm
Tax counseling		
Tax affairs	0422-60-1829	Civic Activities Promotion Section, reservation basis, Wednesdays 1:30-4:30pm
Tokyo municipal tax	042-464-0070	Kodaira Metropolitan Tax Center, weekdays 8:30-5:00pm
National tax	0422-53-1311	Musashino Tax Office, weekdays 8:30-5:00pm
	03-3356-7137	Tokyo Tax Accountants Association, Taxpayer Support Center, weekdays 10:00-4:00pm
Medical care counseling		
Medical institution	03-5320-4435 042-362-4691	Patient's Voice Counseling Tokyo Welfare & Health Bureau, Medical Care Safety Department, Tokyo Tamata Fuchu Health Center, weekdays 9:00-12:00pm, 1:00-5:00pm

Health counseling		
General/pregnancy	0422-51-0700	Health Center, (in person and visitation counseling on a reservation basis), weekdays 9:00-11:30pm, 1:00-4:00pm
General		Health Center, in person reservation basis counseling, usually once a month on Thu 1:15-2:15pm
Medicine		City Pharmacists Association Members Bureau
Social withdrawal	0422-70-5067	Cultural Learning Cooperative Network, Mon/Tue/Wed/Fri/Sat 10:00-5:00pm
Mental health	0422-55-6003	Civilian mental health, visitation on reservation basis and every Thu 1:00-4:00pm, phone counseling every Thu and 2 nd /4 th Sat 10:00-12:00pm, 1:00-4:00pm
Mental health	03-3264-4343	Tokyo Life 24/7
	042-371-5560	Tokyo Tama General Mental Health Welfare Center, weekdays 9:00-5:00pm
Mental health	042-362-2334	Tokyo Tama Fuchu Health Center, puberty/alcohol/etc., reservation basis, please inquire about time
HIV/AIDS	03-3292-9090	Tokyo AIDS Counseling, weekdays 9:00-9:00pm, Saturdays 2:00-5:00pm
	03-3377-0811	Tokyo South Shinjuku Testing Center, weekdays 3:30-7:00pm, Saturdays 1:00-4:30pm
	042-362-2334	Tokyo Tama Fuchu Health Center, HIV testing, every Thu 1:30-3:30pm
Senior citizen counseling		
Dementia	0422-60-1846	Senior Citizens Support Section, in person reservation and phone based counseling, 1 st /3 rd Wed at the Home LTC Support Center and 2 nd Thu at city hall 10:00-12:00pm, 1:00-3:00pm
General	0422-23-1165	Welfare company, weekdays 9:00-5:00pm
Legal matters		Welfare company, lawyer based legal counseling for handicaps and senior citizen related issues, reservation basis, 4 th Wed 1:00-4:00pm
	03-3581-9110	Tokyo Bar Association, Senior Citizen & Handicap Support Center, weekdays 10:00-12:00pm, 1:00-4:00pm
Employment	03-5211-1571	Tokyo Job Center, weekdays 9:00-8:00pm, Saturdays 9:00-5:00pm
Handicap counseling		
Legal matters	0422-60-1829	Civic Activities Promotion Section, reservation basis, 3 rd Tue 10:00-4:00pm
Home improvement	0422-55-3825	Handicap Welfare Center, weekdays 9:00-5:00pm
Dental	0422-60-1904	Handicap Welfare Center, reservation basis, 1-2 times a month (call for details)
Employment	0422-26-1855	Airu Handicap Work Support Center, weekdays 10:00-7:00pm, Saturdays 9:00-5:00pm
Higher brain dysfunction	0422-55-5018	Handicap Welfare Center Yuitto Counseling, weekdays 9:00-5:00pm
Abuse prevention	0422-60-1847	Social Welfare Section for the Disabled, in person weekdays 8:30-5:15pm, phone support 24/7
Children counseling		
Child raising & abuse reporting	0422-55-9002 0120-839-002	Children & Family Support Center, in person and visitation weekdays 8:30-5:00pm, phone Mon-Sat 8:30am-10:00pm
	189	Child abuse reporting, phone support 24/7
Infant raising	0422-51-0700	Health Center, in person and visitation on reservation basis, weekdays 9:00-5:00pm, phone reception weekdays 9:00-5:00pm
		Health Center/Civic Hall/Public Hall (please inquire for details)
Child growth	0422-55-8510	Habit Community Rehabilitation Center, weekdays 9:00-5:00pm
General	03-5370-6001	Tokyo Sugunami Child Counseling Center, weekdays 9:00-5:00pm
Children's human rights	0120-007-110	Tokyo Legal Bureau, Human Rights Protection Division, bullying, beating,

		abuse non-attendance to school etc. weekdays 8:30-5:15pm
Teen issues	03-3580-4970	Police Station Youth Hotline, weekdays 8:30-8:00pm, weekends/holidays 8:30-5:00pm
Women's counseling		
General	0422-37-3410	Gender Equality Center Human Ai, counseling on a reservation basis
Single parent/general	0422-60-1850	Children & Family Support Center, weekdays 9:00-5:00pm
Domestic violence	03-5467-2455	Tokyo Women's Plaza, Spouse Domestic Violence Support Center, every day 9:00-9:00pm
	042-522-4232	Tokyo Women's Place Tamata, Spouse Domestic Violence Support Center, weekdays 9:00-4:00pm
	03-3501-0110	Police General Counseling Center, weekdays 8:30-5:15pm
	110	Emergency hotline 24/7
Men's counseling		
General	03-3400-5313	Tokyo Women's Plaza, Mon/Wed 5:00-8:00pm
Education counseling		
General	0422-60-1899	Education Support Center, reservation basis, weekdays 9:00-5:00pm
Returning Japanese/foreigner	0422-54-8626	Returning Japanese/foreigner affairs, weekdays 10:00-5:00pm
Labor counseling		
Employment	0422-47-8609	Mitaka Hello Work (unemployment office) job searching, unemployment insurance
Labor issues	0570-00-6110 042-321-6110	Tokyo Labor Counseling Center, Kokubunji Office, phone counseling weekdays 9:00-8:00pm, Saturdays 9:00-5:00pm, in person reservation based counseling, weekdays 9:00-5:00pm (Mondays until 8:00pm)
	0422-48-1161	Mitaka Labor Standards Supervisory Office, weekdays 8:30-5:15pm
Working women	042-529-7465	Tachikawa Mother's Hello Work, weekdays 10:00-6:00pm
	03-5211-1571	Tokyo Job Center, weekdays 9:00-8:00pm, Saturdays 9:00-5:00pm
Worker's mental health	0422-24-6906	Tama East Community Industry Health Center, weekdays 10:00-3:00pm
Worker's mental health	042-321-6110	Tokyo Labor Counseling Center, Kokubunji Office, reservation basis, 1 st -4 th Fridays 2:00-5:00pm
Labor affairs, social insurance & welfare	0422-60-1829	Civic Activities Promotion Section, once a month 1:30-4:30pm
	03-5289-8844	Tokyo Social Insurance & Labor Counseling Association, Mon/Wed 10:00-4:00pm
Company management counseling		
Management	0422-22-3631	Musashino Chamber of Commerce & Industry
	03-3251-7881	Tokyo Enterprise Promotions
Loans	03-5320-4877	Tokyo Industry & Labor Financial Affairs
	0422-43-1151	Japan Public Loans, Mitaka (civilian)
	042-528-1261	Japan Public Loans, Tachikawa (small/mid enterprises)
Business startup help	0422-60-1832	Wednesdays 10:00-4:00pm on a reservation basis
Traffic accident counseling		
Traffic accidents	0422-60-1829	Civic Activities Promotion Section, reservation basis, 1 st /3 rd Thu 1:00-3:30pm
	03-5320-7733	Tokyo metropolitan government, Civilians Voice Department, weekdays 9:00-5:00pm
	03-3581-1770 03-3581-1782	Japan Federation of Bar Associations Traffic Accident Center, phone counseling weekdays 10:00-12:30pm, 1:00-3:30pm, in person counseling weekdays on a first come first serve basis 9:30-3:00pm
Environmental counseling		

Pollution	0422-60-1842	Environmental Policy Section, weekdays 8:30-5:15pm
Insect/pest control	0422-60-1842	Environmental Policy Section, weekdays 8:30-5:15pm
	03-3254-0014	Tokyo Pest Control Society
Sports counseling		
Outdoor activities	0422-54-4540	Outdoor Activity Center, weekdays 9:00-5:00pm except holidays for the Musashino Sports Complex
Foreigner counseling		
General	0422-56-2922	Musashino International Association, interpretation and reservation based professional advice English & Japanese Tue-Sat 9:00-5:00pm, Mandarin Wed/Fri/Sat 10:00-4:00pm, 3 rd Thu 2:00-4:00pm, Spanish 1 st Tue 2:00-4:00pm, Russian 2 nd Fri 10:00-12:00pm, Norwegian 2 nd Wed 2:00-4:00pm, German 3 rd Tue 2:00-4:00pm, Tamil/Hindi 4 th Fri 2:00-4:00pm, Thai 1 st Thu 10:00-12:00pm
	03-5320-7744	Tokyo metropolitan government, Civilians Voice Department, English weekdays 9:30-12:00pm, 1:00-5:00pm
	03-5320-7766	Tokyo metropolitan government, Civilians Voice Department, Mandarin Tue/Fri 9:30-12:00pm, 1:00-5:00pm
	03-5320-7700	Tokyo metropolitan government, Civilians Voice Department, Korean Wednesday 9:30-12:00pm, 1:00-5:00pm
Professional advice	0422-56-2922	Musashino International Association, reservation basis with interpretation, 4 th Sat 1:00-4:00pm
Human rights	03-5213-1372	Tokyo Legal Bureau Foreigner Human Rights, weekdays 9:00-12:00pm, 1:00-4:00pm
	0570-090911	Tokyo Legal Bureau Foreigner Human Rights, English weekdays 9:00-12:00pm, 1:00-4:00pm
	0570-050110	Tokyo Legal Bureau Foreigner Human Rights, Mandarin weekdays 9:00-12:00pm, 1:00-4:00pm
Lifestyle counseling		
Consumer related issues	0422-21-2971	Musashino Consumer Center, weekdays 9:00-4:00pm
	03-3235-1155	Tokyo Consumer Center, Mon-Sat 9:00-5:00pm
Debt	03-5320-4775	Tokyo Loan Countermeasures Department, weekdays 9:00-12:00pm, 1:00-5:00pm
	0570-071-316	Tokyo Bar Association Consumer Loans, Mon-Sat 10:00-12:00pm, 1:00-3:00pm
	03-3353-2700 042-540-0663	Tokyo Judicial Clerk Association, weekdays 10:00-3:45pm Wed/Thu night 5:00-7:45pm
Food & hygiene	0422-54-2209	Musashino Mitaka Health Center, weekdays 9:00-5:00pm
Home related counseling		
General	0422-60-1905	Housing Management Section, reservation basis, 3 rd Tue 2:00-4:00pm
Senior citizen moving support		Housing Management Section, reservation basis, 3 rd Thu 2:00-4:00pm
Earthquake countermeasures		Housing Management Section, reservation basis, Wednesdays 9:00-4:00pm
Renovation & flaws in new construction	0570-016-100 03-3556-5147	Home Renovation Dispute Resolution Center, weekdays 10:00-5:00pm
Rental housing	03-5320-4958	Tokyo Rental Hotline, weekdays 9:00-11:00pm, 1:00-4:00pm
Real estate transactions	03-5320-5071	Real estate transactions, law etc. related counseling (in person or over the phone)

Other counseling		
Volunteering	0422-23-1170	Musashino Volunteer Center, Mon-Sat 9:00-5:00pm
Non-profit activity	0422-30-1903	Musashino Place Activity Support, everyday 9:30am-10:00pm (except when facility is closed)
Police	#9110 03-3501-0110	Police General Counseling Center, weekdays 8:30-5:15pm
Crime victims	03-3597-7830	Crime Victim Hotline, weekdays 8:30-5:15pm
	03-5287-3336	Victim Support Center, Mon/Thu/Fri 9:30-5:30pm, Tue/Wed 9:30-7:00pm
Whistle blower protection	03-3507-9262	Whistleblower protection system counseling, weekdays 9:30-12:30pm, 1:30-5:30pm
Adult guardianship	0422-23-1165	Welfare organization, 9:00-12:00pm, 1:00-5:00pm
	03-5379-1888	Legal support, Mon/Thu 2:00-5:00pm
Human rights	0422-60-1829	Civic Activities Promotion Section, reservation basis, 2 nd Thu 1:00-4:00pm

Citizens Section

Notifications & Certifications

All notifications and certifications for family registry, civilian registration and inkan (stamp) registration can be done at city hall or any city administration center. Family registry notifications may be done after hours or on holidays at the city hall security desk on the first floor of the West building. Browsing of Musashino's address map or resident list, moving in notifications and foreigner registration may only be done at city hall.

Kichijoji city administration center, Kichijoji Honcho 1-10-7 (22-1821)
Musashi Sakai city administration center, Sakai 1-1-7 (53-2200)
Chuo city administration center, Nakacho 1-2-8 (56-3800)

Family Register Section (60-1839)

Moving

Musashino requires personal verification for any moves done. One must present a form of ID such as a driver's license, passport, resident card, special permanent resident certificate or any other picture ID issued by a government agency within period of validation. If you have your "my number" notification card, citizen registration card or national health insurance card, please bring them regardless of which paperwork you are filing.

Moving out of Musashino

Must submit notification at least 14 days prior to moving to the Family Register Section or any city administration center. Must be presented by person doing the move/head of the household.

Required items:

- | | |
|---|--|
| 1. Resident card | 3. Citizen registration card or my number card |
| 2. My number notification card (if leaving country) | 4. National health insurance card |

Moving into Musashino

Must submit notification within 14 days of deciding/residing at new address to the Family Register Section (foreigners may only complete this at city hall). Must be presented by person doing the move/head of the household.

Required items:

- | | |
|--|--|
| 1. Resident card | 4. Previous address moving out notification (for domestic moves) |
| 2. Passport if moving in from another country | 5. My number notification card |
| 3. Form with Japanese translation showing applicant is related to head of the household (required for households with foreigners and anyone moving in from overseas) | 6. Citizen registration card or my number card |

Moving within Musashino

Must submit notification within 14 days of deciding/residing at new address to the Family Register Section or any city administration center. Must be presented by person doing the move/head of the household.

Required items:

- | | |
|---|--|
| 1. Resident card | 3. My number notification card |
| 2. Form with Japanese translation showing applicant is related to head of the household (required for households with foreigners and some doing an inner-city move) | 4. Citizen registration card or my number card |
| | 5. National health insurance card |

Naturalization

Tokyo Legal Affairs Bureau, Fuchu Office (042-335-4753)

All foreigners residing in Musashino that wish to be naturalized must go through the Tokyo Legal Affairs Bureau office in Fuchu. Please contact in advance as each application differs.

Family registrar application types

Foreigners must report all births and deaths to city hall. Paperwork is also required when a foreigner marries a Japanese national. Japan has a system to officially register personal information, but even if a foreigner marries a Japanese national, they are still only considered a spouse.

Type	Period	Applicant	Required paperwork	Details
Birth	Within 14 days of birth	Father or mother (mother must register in cases where child is born out of wedlock)	Application, birth certificate (completed by licensed physician), Mother Child Handbook	A child born in Japan to foreign national parents must be registered at city hall
Death	Within 7 days of knowing of death	Relative/guardian	Application, death certificate (completed by a licensed physician)	The death of a foreign national in Japan must be registered at city hall in order to cremate
Marriage	Marriages are not valid until the day notification is received	Husband and wife	Application (signed and containing the personal seals/signatures of two witnesses), proof of ability to conduct marriage in Japan and translation, proof of citizenship with translation (passport etc.)	Two foreign nationals may choose to register to be officially recognized by Japanese law
Divorce	Certain nationalities cannot seek a divorce by consent under Japanese law. Please consult with the Family Register Section for further details.			
Application Procedures: Bring the items noted in the chart above as well as your passport, resident card, and personal seal (if you possess one). In most cases, you will also be required to notify your embassy regarding marriage, divorce, birth or death. You may also purchase a certificate proving receipt for ¥350.				

Issuance fees

Service	Reception	Fee per copy
Receipt of family registrar certificate	municipality where submitted	¥350
Copy of residence certification	city hall or any city administration center	¥300
Inkan (stamp) registration certificate		¥300
Proof of inkan registration		¥300

*Fees may vary per municipality

Residence certification & family registrar certificate issuance

In order to confirm one's identity a valid copy of the following forms of ID are required:

1. One of the following: Driver's license, passport, citizen registration card, my number card, resident card or special permanent resident certificate.
2. Two of the following: Insurance card, pension record book or a picture ID from a government organization.
3. One of the following plus an item from 2: Student card, employee card or another form of picture ID.

Family registrar

You must apply for a full or partial family registrar certificate at the municipality in which your original copy exists.

Those listed on the family registrar, close family or a proxy must have a personal ID (also a signed letter of proxy with signature and seal of the person they are proxying for) at the time of requesting. Close family may be asked to show their family registry at the time of request.

Any other third parties must present a personal ID, the reason for requesting and proof that the purpose is for objective use. All requests from a company require that company's seal and a company representative's seal.

Residence certification

Those listed on the family registrar, close family or a proxy must have a personal ID (also a signed letter of proxy with signature and seal of the person they are proxying for) at the time of requesting. Close family may be asked to show their family registry at the time of request.

Any other third parties must present a personal ID, the reason for requesting and proof that the purpose is for objective use. All requests from a company require that company's seal and a company representative's seal.

Residence certification issuance

Family Register Section (60-1839)

You may receive this certification at the current municipal office in the area in which you live.

Any Musashino citizens that apply elsewhere will need to check the time, location and fees for that municipality. You will be required to have things such as a driver's license, passport, citizen registration card, my number card, resident card, special permanent resident certificate or a picture ID issued from a government organization etc.

Any non-Musashino citizens can apply at Musashino city hall or any Musashino city administration center for ¥300 during hours of operation. You will be required to have things such as a driver's license, passport, citizen registration card, my number card, resident card, special permanent resident certificate or a picture ID issued from a government organization etc.

Inkan (stamp) registration

Family Register Section (60-1839)

You may register your inkan at city hall or any city administration center excluding night hours. Registration is ¥300 and only the person the inkan belongs to may register. A signed and stamped letter of proxy will be accepted only in extenuating circumstances. Those who are under 15 or are in custody may not register on their behalf. You will be required to have things such as a driver's license, passport, citizen registration card, my number card, resident card, special permanent resident certificate or a picture ID issued from a government organization etc.

You may not register:

1. A machine-made stamp
2. An easily degradable stamp
3. Anything that will not fit into an 8mm or 25mm mold
4. Anything else specified by inkan related laws

Inkan registration certificate

In order to obtain this you must bring your inkan card (actual inkan not needed). Proxies may obtain the certificate so long as they provide an inkan card and the accurate name, address and date of birth of the registrant.

Loss of inkan registration certificate

You must complete a loss notification if lost. Proxies may apply on one's behalf with a letter of proxy.

Inkan breakage or deterioration

If the inkan breaks or deteriorates please submit a withdrawal notification. Proxies may apply on one's behalf with a letter of proxy.

Inkan card exchange

You may exchange your current card for a new one that can be used in vending machines. Only the owner of the card may set a PIN. After doing so proxies may not apply on your behalf as a PIN is required. With this you can use vending machines to issue an inkan registration certificates etc.

Citizen card

Family Register Section (60-1839)

The citizen card allows for any Musashino citizen to receive various certifications from vending machines. In order to do so a PIN is required and no proxy may register this PIN.

Certificate vending machines

There are 4 such machines in Musashino only usable for citizens with a citizen or inkan card who have registered a PIN. This card will become unusable if one moves out of Musashino.

Locations

All closed for year end and year beginning. Please check each place for other closure times.

1. City hall, West wing, floor 1 (8:30am-9:00pm)
2. Chamber of Commerce & Industry Building floor 1 (8:30am-9:00pm)
3. Katarainomichi, civilian space (9:00-9:00pm) Closed Wednesdays or the next day if a holiday.
4. Ito Yokado, East building, Kyonan Street entrance, floor 1 (10:00-9:00pm except when store is closed)

Issuable certificates

Fees vary from ¥200-450 per service.

1. Residence certification (Can be obtained by anyone in the household).
2. Inkan registration certificate (Only owner may obtain).
3. Full or partial family registrar verification. (Anyone whose main registrar is in Musashino or anyone on their registrar may obtain).

Information listed regardless

Nationality, region, residency information (type, number and period of validity) and name in katakana.

Optional credentials

Family relation and place of original registration (Japanese nationals only)

Uncertifiable credentials

Name history, residence certification code, my number and other listed contents.

Temporary driving permission

Family Register Section (60-1839)

Excluding night hours, a temporary driver's license for any unregistered vehicles may be applied for at city hall or any city administration center. Permission costs ¥750 and must meet various criterion. Please contact us for more details. Duration is 3 days for an inspection and 5 days in other cases when additional registration etc. is needed.

Required items:

1. Inkan (companies must present the company seal and personal seal of representative)
2. Vehicle liability insurance certificate
3. Documentation to prove vehicle identification number (VIN) such as a car inspection certificate etc.
4. A personal ID is required for any non-company requests (valid driver's license etc.)

My number system

This system assigns each person registered as a resident in Japan with a 12 digit personal identification number. My number notification cards were sent out starting October 2016. January 2017 marked the start of the issuance of my number cards to anyone who applies. This number can be used for life as it is not effected by address changes etc. One must be extra careful when handling this card due to the risk of identity theft. Your "my number" is written on your "my number" card and notification card and can optionally be added to your residence certification.

When using your "my number," you will also be required to have a form of picture ID (driver's license etc.) to help prevent identity theft. If you present your "my number" card, this doubles as number and picture identification and no other forms of ID are required. If for some reason you are not in possession of your "my number" notification card (only usable for number verification) or other forms of ID, please let us know or check our website for more details. Below is paperwork that requires your "my number" as of January 1st, 2016. Musashino will only ask for this verification for paperwork that is mandated by law.



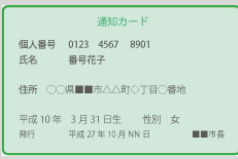

Your "my number" card can be used for its integrated chip (IC), a form of picture ID and for your "my number." The my number notification card can only be used for your "my number."

Social welfare related

- | | |
|---|--|
| ➤ National health insurance | ➤ Specialized job training subsidy |
| ➤ Long term care insurance | ➤ Independence training subsidy |
| ➤ Child allowance | ➤ Mother and child midwife and raising support |
| ➤ Child raising allowance (country) | ➤ Child raising allowance (Tokyo) |
| ➤ Latter stage elderly medical care | ➤ Infant and child medical subsidy |
| ➤ Paperwork for Mother Child Health Act | ➤ Single parent household medical subsidy |
| ➤ Handicap independence support subsidy | ➤ Physical Handicap Welfare Act services |
| ➤ Single parent loans | ➤ Special handicap allowance |
| ➤ Commuting subsidy for children with handicaps | ➤ Child chronic illness medical subsidy |
| ➤ Physical handicap handbook | ➤ Mental handicap handbook |
| ➤ Special child raising allowance | ➤ Independence support medical subsidy |
| ➤ Single parent household home helper service | ➤ High degree handicap subsidy |

Tax related

- | | |
|---------------------|---|
| ➤ Municipal tax | ➤ Light vehicle tax |
| ➤ Fixed asset tax | ➤ Some national health insurance services |
| ➤ City planning tax | |

	My number card	My number notification card
Specifications	  Made of plastic, picture ID on front, number on both faces	  Made of paper, no picture ID, number of both faces
Validity	Valid 10 birthdays from issue (5 if under 20) *Expires day of resident card for temporary residents	No expiration
Application	1. Fill out application enclosed with notification card and mail picture to J-LIS 2. You will be notified as soon as card arrives 3. Visit city hall Citizens Section to pick up card	No need to visit city hall unless couldn't receive package. Was mailed out to every household late October, 2015. Reissuance must be done at city hall Citizens Section.
Requirements for issuance	1. Official government issued ID (resident card, driver's license etc.) 2. Two other forms of government ID (insurance or pension cards etc.) 3. All proxies must have legal proof of proxy.	Same requirements as my number card required, however, only for reissuance.
Issuance fee	Free	Free
Reissuance fee	¥1000	¥500
Online applications	May be used for ID for certain online applications. Please contact the Citizen Section for more detailed information.	
Usages	Proof of ID for paper and online applications, special handling of moving notifications	May be used until my number card is issued. Other form of ID must also be presented at government institutions.

*If name, address or sex change are not reported and the card updated by city hall, it shall be rendered invalid for any number verifications. In addition, any mistakes in birth date etc. must be reported and updated.

*Foreigners without permanent residence must be careful as their “my number” card must be updated each time their residence card is updated or it will become invalid.

Lost card

If you happen to lose your “my number” card, please immediately report it to the police and copy down the submission number. Following that please also submit a notification to city hall or any city administration center. Additionally, you may call the My Number Call Center (0120-95-0178) in order to put a freeze on the card.

If you lose your notification card you may repeat the above process minus notifying the call center.

Additional information

You may access the following sites for more information. English support may not be provided.

1. Cabinet secretariat website on social insurance, my number etc.
<http://www.cas.go.jp/jp/seisaku/bangoseido/>
2. Ministry of Internal Affairs and Communications website on the my number system
http://www.soumu.go.jp/kojinbango_card/
3. Public organizations' website on my number
<https://www.kojinbango-card.go.jp/index.html>

Social Insurance

National Health Insurance

National health insurance is where everyone contributes money on a monthly basis to help out those with medical costs in times of need.

Health insurance in Japan can be broken down into two categories; national health insurance provided by the locality the person resides and private health insurance.

Private health insurance

Can be broken down into the National Health Insurance Association, company specific health unions, sailor's insurance, daily laborer's insurance, welfare etc.

National health insurance

A mandatory catch all insurance policy all for people that are not enrolled in any of the above programs.

All foreigners residing in Japan for at least 3 months, except those who have received special exemptions, must enroll into national health insurance if not enrolled in company health insurance etc.

Enrollment

You must enroll when:

- ① You enter the country.
- ② You exit a private form of insurance.
- ③ You stop receiving welfare benefits.

Please bring your resident card as well as your “my number card” in order to enroll. You will also need proof of leaving private insurance or welfare benefits ending for the above 2 and 3.

Unenrollment & status changes

Please notify us immediately if you are applicable for any of the following status changes.

- ① When moving out of Musashino or returning to live in home country.
- ② When enrolling in private health insurance.
- ③ When enrollee passes away.
- ④ When welfare benefit begins.
- ⑤ When the head of the house changes.
- ⑥ When households merge or separate.
- ⑦ When there is a change of address.

*Please be sure to file a status change report within 14 days of any of the above status changes. Please also be sure to bring your health insurance card at time of submitting a change request.

If you apply to number 2, please bring your health insurance card, resident card and my number card.

If you apply to number 4, please bring your welfare acceptance certificate, resident card and my number card.

Calculation of social insurance taxes

National health insurance tax is calculated based on the number of enrollees, the previous year's income and the enrollees' ages. Please pay this via using the bill mailed out or with automated wire transfers. Please be sure to file your taxes each year as your health insurance premiums are based on the previous year's income.

Those who make under a certain income are eligible for social insurance tax reductions. These reductions are also based on filed income taxes. Please file for income taxes every year even if you have no income. You will not be eligible for any exemptions even if you have zero income if your tax return is not received.

Medical fees

Presenting your insurance card at any medical institutions will result in only having to pay a copayment. You may apply for a reimbursement in the following situations:

- ① Received medical care without presenting insurance card.
- ② Paid for prosthetics, acupuncture, moxibustion, massages or transfer (Must be approved in advance by physician).
- ③ When medical care was received overseas (Must obtain a medical form for foreign doctors to fill out from city hall, a city administration center or our website. Form may be obtained after returning to Japan.).

Excessive medical fee reimbursement

If you pay over your monthly copayment limit (based on income) in the same month and same facility you are eligible for a reimbursement for anything over that limit. The reimbursement form will be mailed out after 3 months and be completed at city hall or any city administration center. Anyone under 70 only applies if the amount is all from the same medical institution. Anyone 70 or older may receive the reimbursement as long as the sum of all fees is over the monthly limit.

Lump-sum birthing allowance

Enrollees will receive ¥420,000 upon giving birth.

Funeral allowance

¥50,000 is paid out to the person who holds the funeral ceremony for funeral costs after an enrollee passes away.

Reissuance of insurance card

Insurance cards can be reissued upon loss or destruction of card through application at city hall or any city administration center. Please bring your “my number” card and residence card at the time of application. New cards will be mailed.

Insurance card usage restrictions

You may not use your insurance card for any of the following situations:

- ① Any wanton behavior resulting in illness or harm not limited to suicide or drug abuse.
- ② Musashino city has the right to bill the assailant party for damages for any insurance card usage due to excessive drunkenness, injury due to fighting, or traffic accidents due to a third party etc. Please submit a Third Party Illness or Injury form.

*Please be aware that out of court settlements where settlement money is received may be ineligible for insurance coverage.

Please make inquiries to the Insurance Section for further details.

☎60-1834、60-1835

National Retirement Pension

Including foreigners, anyone 20 or older and under 60 years of age and not enrolled in employment pension must enroll in national retirement pension. Please fill out proper paperwork at city hall or any city administration center.

Enrollment

You must enroll when:

- ① You enter the country.
- ② You exit a private form of pension such as when leaving a job

Please bring a document stating the day you entered Japan (passport etc.), a document showing proof of leaving company (if you leave) and your pension handbook if you currently have one.

Payment of retirement pension

After being enrolled in the insurance system for 10 years and reaching the age of 65, one will be eligible for retirement pension. Pension for disability and bereavement are also offered by meeting specific requirements.

Unenrollment lump sum payment

Any foreigners who are only staying in Japan on a short term basis may, if they have been enrolled into national retirement pension insurance for at least 6 months, may apply within 2 years of leaving Japan and receive a lump sum refund.

Corporate retirement pension

This pension is received by company employees and civil servants. All paperwork is filled out at place of work.

National Pension Section (city hall)

☎60-1837

Musashino Pension Office

☎56-1411

Latter Stage Elderly Medical Care System

The system is meant to aid with medical expenses. Those who are 75 or older are automatically enrolled in the system and those 65 or older with certain handicaps may arbitrarily enroll by showing proof of handicap.

Insured card issuance

The insured card is updated August 1st every other year. If there is a change of income, the card will be updated annually on August 1st and if there is a change in living conditions etc., the card will be updated on the first of the following month.

Moving

A copayment classification certificate is needed when moving outside of the greater Tokyo area, but not needed for any moves within.

Medical institution copayments

If you show your insurance card at any medical institution, you will be asked for either a 10% or 30% copayment.

- ① The default copayment is 10%.
- ② Anyone who makes an annual income of ¥1,450,000 or more or any of their dependents must pay a 30% copayment.
- ③ Please inquire for further details as exclusions may apply.

Copayment reduction

Any households in which all members are non-taxable for municipal tax are eligible for a lower copayment for inpatient and outpatient medical costs (including hospital meals).

Specific illness treatment subsidy

Any of the following illnesses that require continued medical care are eligible for a medical fee reduction subsidy which sets the maximum monthly copayment to ¥10,000. Application is required.

- ① Artificial dialysis needed due to a chronic kidney failure.
- ② Hemophilia
- ③ HIV resulting from taking blood related medicine.

Insurance premiums

Those who reach 75 will start paying the month of their birthday. Anyone who had an early enrollment will start paying the month of enrollment.

Yearly insurance premiums are the sum of per capita and per income amounts. Payments are taken directly from retirement pension (special) or done through a paper bill (normal).

Health promoting facilities subsidy

Anyone enrolled in latter stage elderly medical care insurance is eligible to use these facilities and receive a ¥3000 yen a night subsidy available for certain hotels/inns around the Kanto region, Nagano prefecture, and Nanto. (restrictions apply to number of days).

Medical fee reimbursement subsidy

You will be reimbursed for everything minus the copayment if you have paid the full amount of medical fees and submit your receipt and an application in any of the following situations:

- ① When you are overseas and have no choice but to receive medical care; or you plan to receive domestic or international medical care and are unable to submit your insurance card.
- ② When a doctor prescribed a massage, acupuncture or moxibustion therapy.
- ③ When a doctor prescribed a prosthetic such as a corset.

*Please contact us if you wish to apply for any of the above subsidies as each one requires different documents etc.

High cost medical care subsidy

To be eligible you must have payed in excess of your personal monthly copayment limit. The excess amount will be reimbursed. We will be totaling the amounts billing by medical institutions and sending a notice to those who are eligible (excluding costs that are ineligible for insurance payments).

Funeral cost subsidy

¥50,000 is paid out to the person who holds the funeral ceremony for funeral costs after an enrollee passes away.

Municipal Tax

Municipal tax

Anyone who possesses any address within city limits as of January 1st each year is subject to municipal tax. The tax is based on per capita and per income.

Fixed asset tax

Anyone who owns property, a building/s or depreciable assets as of January 1st of each year. One will be taxed fully even assuming the property was demolished or sold off during the year. Anyone holding a depreciable asset for income or business purposes must submit a tax filing by the end of January each year.

How to pay municipal tax

Financial institutions and post office (Yucho Bank)

You may settle account at the financial institution located within city hall or any city administration center (Mon-Fri, 8:30-5:00). Paying at any non-city certified financial institutions may result in a transaction fee.

Wire transfers

The tax will be withdrawn automatically from your specified bank account on the payment date of the tax. You may apply via mail, a financial institution or directly at the Tax Payment Section of city hall.

Convenience stores

You may pay any bills ¥300,000 or less at a convenience store.

Credit cards

You may apply on Yahoo's payment site (koukin.yahoo.co.jp). You must burden any fees when paying bills over ¥10,000. You may only pay bills of ¥1,000,000 or under via credit card and must fill out a form for each bill paid using this method.

Tax type	Financial institution	Wire transfers	Convenience store	Credit card
Municipal	○	○	○	○
Fixed asset	○	○	○	○
Depreciable asset	○	○	○	○
National health insurance	○	○	○	○
Long term care insurance	○	○	○	X
Latter stage elderly care	○	○	○	X
Light vehicle tax	○	○	○	○

*Wire transfers and credit card transactions do not yield a receipt so please check with your bank or credit card provider for a detailed transaction report.

Fixed asset tax comparisons

Fixed Assets Tax Section (60-1826)

We provide a value comparison if you wish to compare the evaluation cost of your real estate with others. Any tax payers may receive this service free of charge from April 1st of each year until the first payment due date.

Fixed asset tax details

Fixed Assets Tax Section (60-1826)

We provide browsing of tax details free of charge during inspection period and ¥300 per person per request at any other time. This may be requested by any obligatory tax payer, tenant or anyone with the right to deal with real estate.

Viewing and requesting of tax certificates

Municipal Tax Section (60-1822)

The following table lays out which tax certificates are viewable or requestable. Please confirm which certificate you would like and provide all of the proper paperwork in order to handle the request. The forms are typically only processed for the person named on records. Proxy representation is only recognized through the completion of a letter of proxy. Most certificates are ¥300, however, may vary depending on the type and complexity.

Certificate type	Details	Things needed for application
Municipal tax taxation/exemption	amount of income, tax etc.	<ul style="list-style-type: none"> Form of personal ID Letter of proxy if someone will apply on your behalf plus their personal ID
Proof of payment of municipal tax	taxable and paid amount (income amount not listed)	
Proof of payment of national health insurance tax	taxable and paid amount	
Proof of payment of fixed asset tax	taxable and paid amount	
Fixed asset evaluation	price & standard evaluation	

*These are the most frequently requested certificates, however, other certificates are available upon request.

Mail application requests

Should you apply by mail, please be sure that the person named on that account applies and submits the following 3 items to: 〒180-8777 Musashino city hall, Finance department, Municipal Tax Section

1. Name, address, inkan stamped, date of birth, daytime phone number, name of the certificate in which you are requesting as well as the fiscal year, number of copies and purpose of use.
2. The submittal fee (a fixed value item only available at the post office)
3. A self-addressed stamped envelope

ID required for certificate application

We require several forms of ID when applying for the issuance of any certificate in an attempt to prevent any fraud. *You must provide one type of government ID or two other forms of ID as listed below.

Type of ID	Examples				
A government issued ID	Resident card	Passport	My number card	Health insurance card	Pension booklet
	employee ID card (picture)	Student card (picture)	Welfare handbook	Tax payment slip	Driver's license
Other forms of ID	employee ID card (no picture)	Student card (no picture)	Bank book	Membership card	Credit/debit card
	Medical card	Postmarked envelope addressed to person named on account			

Public Safety & Crime Prevention

Public safety

Public Safety and Crisis Management Section (60-1916)

Musashino prioritizes its citizens' safety over all else. In 2002, Musashino enacted ordinances in order to protect public safety and is working with the public, corporations and related administrative institutions in order to ensure solid results.

Safety patrols

Public Safety and Crisis Management Section (60-1916)

White Eagle

Every day 3 cars patrol around the entire city and visit schools, daycares, and community centers to ensure safety.

Blue Caps

The blue caps all wear blue hats and patrol around the Kichijoji station area in order to prevent unwanted solicitation and other behavior.

Midnight patrol

This patrol takes place around the Kichijoji station area with a focus on middle schoolers returning home from cram class and residential districts with low foot traffic.

Citizen safety patrols

Paid volunteers work in conjunction with Musashino to ensure the safety of kids going to and from school, at school events etc. These people can be identified by their jumper, hat and armband and patrol the city on foot and on bike.

Musashino Crime Prevention Society

This society works year-round to prevent theft, break-ins etc. and has various community patrols.

Safety patrol volunteering

Public Safety and Crisis Management Section (55-0110)

Please contact us if you wish to take part in safety patrols or create one of your own.

When to dial 110 (emergency hotline)

Please dial 110 in the following situations:

- If you are the victim of theft
- If you are the victim or witness of violence
- If you hear a scream, explosion, gunshot etc.
- If you shelter someone who is lost or has run away from home
- If you see someone or something suspicious

In such situations please try your best to remain calm and relay the following information as accurately as possible:

- What happened / what you witnessed
- The time / location / landmarks
- Your name, address and phone number

How to protect yourself from crime

Crime prevention devices

Musashino Police Station (55-0110)

Please make use of anti-snatch nets for bike baskets etc. They also help prevent things from falling out while riding.

Break-in prevention

Break-ins have been happening in the Musashino area. Over half of break-ins occur due to carelessness. Make sure you always lock your door even if only going out for a few minutes. Also try to refrain from getting a glass door that can easily be broken and opened or never leave the house with only that door closed.

Wire transfer fraud

If you get a phone call or request etc. from someone claiming to be family or a city official demanding that you make a wired transfer, do not be hasty. Instead, make sure you carefully think over the situation. Musashino will never demand any payments. Even if taxes etc. are not paid, the city uses other methods for collection (see tax section).

Police consultation

Crime hotline (03-3597-7830)

This hotline is to give advice and counseling to those that have fallen victim to a crime.

Youth trouble hotline (03-3580-4970)

This hotline offers counseling in regards to delinquency, bullying and other youth related matters. Weekdays 8:30-8:00pm, weekends and holidays 8:30-5:00pm.

Violence hotline (03-3580-2222)

This hotline is for all violence related matters both in home and out. Available 24/7.

Firearm & weapon hotline (03-3593-7970)

This hotline is available 24/7 and can be called to report the possession of a gun or any other potentially dangerous weapon.

Police General Consultation Center (03-3501-0110)

This counseling covers all non-crime or accident related matters. Available weekdays 8:30-5:15pm.

Street light Outage

Road Section (60-1857), Green City Promotion Section (60-1864)

Please report any burnt out street lights to the Road Section and park lights to the Green City Promotion Section. Please also provide the light number listed on the lamp post.

Musashino Police Station Services

Nakacho 2-1-2 (55-0110)

Police Affairs Department

- Reception, certificates etc.
- Lost and found
- Detainment and other general functions
- Victim counseling

Traffic Control Department

- Traffic management and enforcement of punishment for traffic violations
- Management of stop lights and road signs
- Driver's licenses and garage certifications etc.

Security Department

- Event permission
- Crowd and protest security & suppression
- Disaster relief aid

Community Department

- Patrolling and giving directions etc.

Safety Department

- Youth problems, lost people, people who have run away from home etc.
- Safety counseling
- Licensing of weapons shops, bars and pachinko parlors.

- Investigation of possible pollutants.

Crime Prevention Department

- Reception for crime victims
- Investigation of murder, theft etc.
- Crack down on organized crime (gangs, international crime organizations etc.)
- Investigation of reports of weapons and illegal drugs.

Non-disaster related medical & fire emergencies

When there has not been a major disaster, one can dial the **119** number at any time to report a medical emergency or other emergencies such as a fire. All theft related inquiries etc. should be directed to the police by dialing 110. When you call be sure to **clearly** state the emergency and address. Fire is (kaji) and emergency rescue is (kyukyu (QQ)). The authorities will then use the address and or GPS tracking to arrive at your location as soon as possible.

Disaster Preparedness

Japan is home to many natural disasters. These include, but are not limited to earthquakes, volcanic eruptions, tornados, tidal waves, hurricanes landslides and lightning strikes. The most frequent disasters are earthquakes.

Even if there is minimal damage, a large earthquake causes mass panic, transportation networks come to a complete halt and food and consumables are very difficult to obtain. In order to be prepared in the case of a disaster, it is recommended that you have the following items ready:

- ① A radio
- ② Batteries
- ③ Bottled water for drinking etc.
- ④ Non-perishable food (cans (can opener), instant noodles, crackers, dry food, rice etc.)
- ⑤ Lighting (a flashlight, candles a lighter etc.)
- ⑥ Utility items (a knife, gloves, plastic bags, toilet paper, contact solution, a sanitary towel, toilet bags if toilet unusable etc.)
- ⑦ A first aid kit & necessary medications
- ⑧ Money (cash, a credit/debit card, inkan, form of ID)
- ⑨ Protection (a helmet, a place to take cover from falling objects)
- ⑩ Clothing (extra for winter)
- ⑪ Extra baby supplies
- ⑫ A route to the nearest evacuation facility
- ⑬ An alternate way to get home. Since most if not all public transportation comes to a stop, walking or riding a bike home may be the only option. Sometimes the roads are clear because people are not driving and taking a taxi or available buses could be very fast.
- ⑭ Disposable bags, coagulant and deodorizer etc. in case toilet is unusable after a disaster. Also enough keitai toilets.

Official declaration of disaster

The Tokai region has an earthquake advisory system. The system is setup to give as much advance warning as possible, although this is rarely doable if the earthquake is in close proximity. There will be a siren that goes off alerting people as well as news on the radio, tv and internet. Be sure to prepare in any way after hearing it and to follow any instructions given. Also be dually aware of subsequent disasters such as tidal waves, landslides and especially fires and falling debris. Also be sure to tune in to local radio and check with local authorities for the most accurate information.

Steps to take during and after a disaster

① During Occurrence

- If an earthquake occurs, try your best to remain calm and prioritize keeping yourself safe.
- Get under a secure desk etc. or near a support pillar in a strong building is a good idea. Shelter body from falling objects and do not get near any glass. Do not approach any block walls that could crumble.

② 1-2 minutes after

- Turn off all sources of heat, especially any gas stoves. If possible, shut off the gas at the main valve. ▪ Open to door to ensure there is an escape route and confirm the safety of all family members.

③ 3 minutes after

- Wear proper footwear to protect from broken glass.
- Have emergency goods prepared in a backpack ahead of time.
- Beware of consequent disasters such as tidal waves, landslides, volcanic eruptions etc. and especially aftershocks.

④ 5 minutes after

- Make sure that all elderly people around you and those who cannot help themselves are safe.
- Call out if any fires break out in a loud voice and work together to put them out.
- Be sure to tune into Musashino FM (78.2MHz) to get accurate and current information.

⑤ 5-10 minutes

- Try not to use any phone calls.
- Make sure you evacuate your home if there is any danger of collapsing.
- Wear a helmet and go to your nearest shelter.
- Steer clear of any walls or glass
- Refrain from using any vehicles as emergency vehicles need to use the roads. If you are in a car be sure to pull it over to a safe location, get out, leave doors unlocked and key in ignition and go on foot. This is in case emergency crews need to move your vehicle.
- Also wear a backpack filled with emergency goods and keep both hands free at all times.
- Setup bag etc. for toilet if needed (if sewage systems come to a halt).

⑥ 10 minutes - a couple of hours

- Pick up children from school etc. and leave a message on your door where you are headed.
- Assist in putting out fires and rescue operations and report all matters to the proper authority.
- Be sure to shut off electrical breaker.

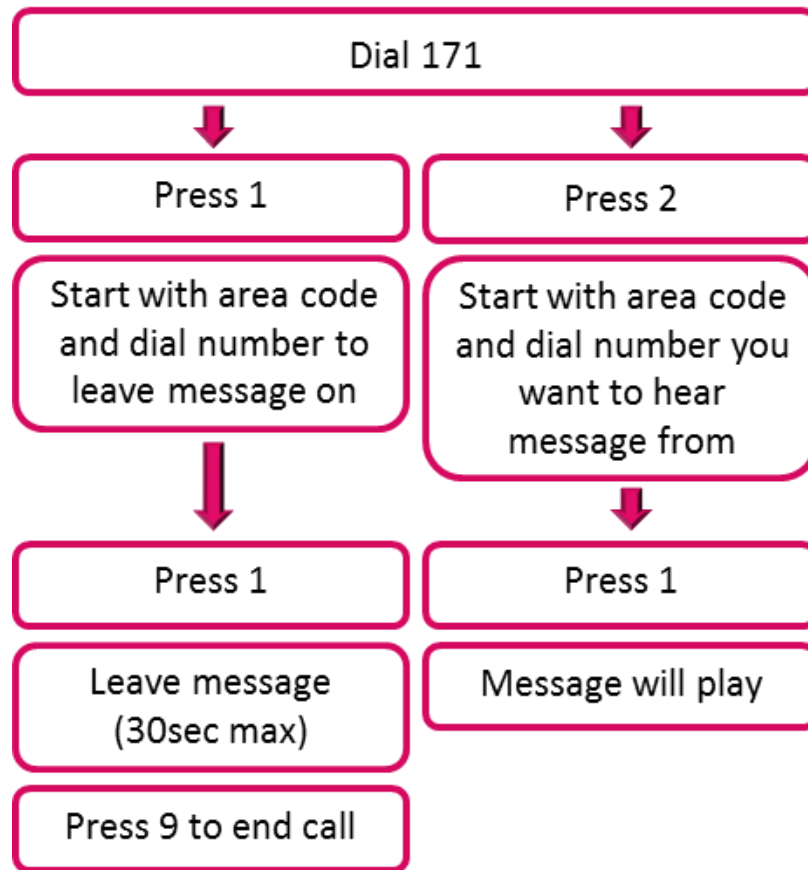
⑦ Up to 3 days after

- Do not rely on emergency rations until at least 3 days, if not a week after the disaster.
- Stay up to date on all news from your municipality.
- If your home is livable then please continue to stay there. However, if it has been destroyed or there is a risk of collapse, please stay at the nearest shelter.

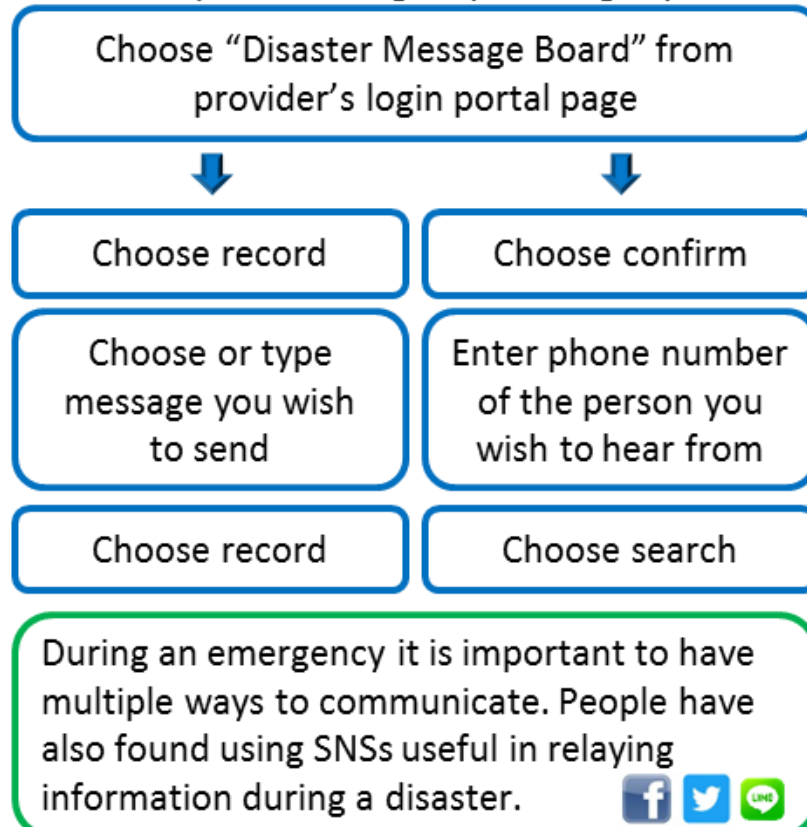
Daily preparation

- ① Inspect or have your house inspected for cracks, furniture that could fall etc. and try to create as safe of a situation as possible.
- ② Make sure yourself and everyone in your family know what to do in the case of an emergency (prepare contact information and location of refuge etc.).
- ③ Decide roles for an emergency as much as possible with neighbors.
- ④ Prepare ways of extinguishing fire and check them periodically for functionality.
- ⑤ Have at least 3 days of food and water available and an emergency use backpack.
- ⑥ Take part in disaster and evacuation drills as much as possible.

Disaster emergency message dial system.



Cellular phone emergency message system.



Transportation

Using bicycle parking lots

Any commuters or shoppers etc. should only use paid parking lots. Commuters must register for monthly use and all others must also use paid lots (some lots offer free parking for under 2 hours for non-commuters). Fees vary per lot. Please contact specific lot for details.

Impounded bikes

If you park your bicycle or motor scooter in a non-parking area it will be impounded on sight, no questions asked. Even if you leave your bike outside of these zones, you will be fined if it is deemed to be a nuisance. Please utilize parking lots as listed on the map below. To retrieve an impounded bike, please take your ID, bike key and fine to the bike impound. Bikes will be disposed of if they are not retrieved within 30 days of impound based on municipal ordinances.

Open: 11:00-7:00pm, Closure: At the beginning and end of the year and Wednesdays.

Fines: bicycle: ¥3000, motor scooter: ¥5000

Bike safety

In order to promote safe commuting and transportation the Musashino city administration joined forces with the Musashino Police in October, 2008 and hold safety classes. Please check Shiho Musashino, come directly to the Traffic Management Section or check out Musashino's official website. Must commute in Musashino and be middle school aged or higher. Courses are free.

Upon completing the course, one will earn a completion certificate which will gain them several privileges. Will receive priority when waiting in line to register at new parking lots. Will receive ¥1000 worth of TS Mark insurance (liability and injury insurance) limited to one incident for Musashino citizens.

Mu Bus

This is an affordable bus service for anyone that gives access to smaller streets that normal city buses cannot travel. The bus travels 9 routes throughout Musashino. The bus is ¥100 per person and any children under elementary school age ride free. Accepts Suica and Pasma IC cards. Tickets are available in a booklet of 11 tickets for sale inside the bus for ¥1000.

City buses

Kanto, Odakyu and Seibu all run city buses in Musashino. Please contact each company directly for more details on routes etc.

Kanto - 51-2191 (Musashino office)

Odakyu - 46-6124 (Kichioji office), 31-6191 (Musashisakai office)

Seibu - 03-3867-2525 (Kamishakuji office)

Park & Shop

Musashino provides a special parking service connected to the Mu Bus line making it convenient to come in a car, park, then go shopping. The bus goes along bus route 6. Shopping at participating stores will get you discount tickets. If you use an IC card for Mu Bus routes 1, 2, 4 or 6 you will receive a ¥200 discount when you leave the parking lot.

Address: Musashino Gotenyama 2-1 (under JR train tracks)

Fee: 8:00am-12:00am ¥150/30mins, 12:00am-8:00am ¥100/60mins

Parking lot status confirmation

You can confirm the parking lot's vacancy status as well as discount programs from the following websites:

@Park: www.atpark.ne.jp

S-Park: www.s-park.jp

Traffic accidents

In the event of a traffic accident, you must take all necessary steps to ensure the safety of everyone involved. In extreme cases please call an ambulance (119). To prevent further accidents please immediately call the police (110) to guide traffic. If the police are not notified it will be near impossible to claim any damages without a certificate of traffic accident.

There has been an increase in accidents involving senior citizens. Do not cross the street where there are no crosswalks and wait for a green signal to cross. Also be sure to wear bright or reflective clothing at night to increase visibility to motorists.

Mutual aid insurance

Mutual aid insurance is run by the Tokyo metropolitan government and covers consolation money awarded in the case of an accident. You may apply at the Traffic Management Section, any city administration center or select financial institutions. Plan A is ¥1000 a year and covers you for ¥40,000-3,000,000. Plan B is ¥500 a year and covers you for ¥20,000-1,500,000.

Health

Medical Institutions

Musashino Health Center

Kichijoji Kitamachi 4-8-10 (51-0700)

Open: 8:30-5:00pm, Closure: weekends and holidays.

B1 Multipurpose hall, disaster storage room

1F Health section, health promotion room, lecture room, guidance room, counseling room, Health Support Center

2F Musashino Health Promotion Group, health checkup facilities

3F Maternity room, dental room, nutrition room, breast feeding room

4F Musashino Doctor's Society Clinical Test Center

Night and holiday and emergency medical services

Kichijoji Minami Hospital, Kichijoji Minamicho 3-14-4 (45-2161)

Morimoto Hospital, Kichijoji Honcho 2-2-5 (22-5161)

Musashino Yowakai Hospital, Midoricho 2-1-33 (52-3212)

Two city clinics and one of the above hospitals offer emergency treatment on a rotational basis (only treatment not requiring a hospital stay). Treatment at another location may be required based on medical conditions. If children need treatment at the internal medicine department or adults at the pediatric department, advance notice is required. Dentists also on rotating schedule. The doctors and departments that will be on duty are listed on the city website.

Emergency pediatric care

Emergency pediatric hotline (03-5285-8898)

Musashino Red Cross Hospital (32-3111)

Kyonancho 1-26-1

Available weekdays 5:00pm-10:00pm and year-end/beginning/weekends/holidays 9:00am-5:00pm

Emergency medical services for foreigners

Himawari medical hotline (03-5285-8181)

Himawari provides the locations of all foreign language speaking medical institutions as well as interpretation/translation services and an emergency medical hotline.

<http://www.himawari.metro.tokyo.jp/qq/qq13enmnl.asp>

Medical Examinations

Medical checkups and cancer examinations

Health Center (51-0700)

Day of examination etc. will be announced individually, in the city newsletter or on the city website.

Name	Eligibility
Youth checkup	Musashino citizens 30-39
Special checkup	Over 40, a Musashino citizen and enrolled in national healthcare
Special health guidance	Anyone deemed to need it after having a special checkup
Latter stage elderly checkup	Any Musashino citizen enrolled in latter stage elderly medical care
Eye checkup	Any Musashino citizen 40 or over

Stomach cancer exam	**Any Musashino citizen 35 or over
Breast cancer exam	Any Musashino female citizen 40 or over that didn't take previous year
Uterus cancer exam	Any Musashino female citizen 20 or over that didn't take previous year
Lung cancer exam	Any Musashino citizen 40 or over
Large intestine cancer	Any Musashino citizen 40 or over
Youth tuberculosis exam	Any Musashino citizen 15-39
Tooth exam	**Any Musashino citizen 40 or over as of August 1 st
Oral exam	Any Musashino citizen
Osteoporosis preventative class	**Any Musashino female citizens 20-70 at intervals of 5 years (must be that age as of April 1 st)
High risk stomach cancer exam	Any Musashino citizens 40-75 at intervals of 5 years

**Any entries without this mark are the applicants age during the current Japanese fiscal year, not normal year.

Health examinations

Musashino Health Promotion Group (51-2828)

Health Center 2F

Comprehensive health exams

Held every Tuesday and Thursday excluding holidays. You may apply on the first of the month 6 months prior to exam. Citizens are ¥21,000 and non-citizens are ¥42,600 (optional exams not included in price).

Employee checkups

For any small scale companies. Held every Monday, Wednesday and Friday on a reservation basis. Please contact for fees.

Medical report issuance

For anyone living, working or enrolled in school in Musashino. Held every Monday, Wednesday and Friday on a reservation basis. Please contact for fees.

Health activities and learning

Health Support Center (51-0793)

Holds wide range of activities such as learning seminars about preventing lifestyle induced sickness, exercise and more to promote a healthy lifestyle.

Health counseling

Health Center (51-0700)

For all health related matters.

Mental health counseling

Civilian Mental Health Counseling (55-6003)

All mental health related matters. Anyone is welcome to call.

On location counseling: every Thursday 1:00-4:00pm on a reservation basis.

Phone counseling: every Thursday 10:00-12:00pm, 1:00-4:00pm, every 2nd & 4th Saturday 10:00-12:00pm, 1:00-4:00pm

Pregnancy & Childbirth

Mother child handbook

Health Center (51-0700)

- Please notify the Health Center as soon as your pregnancy has been confirmed.
- You will receive a Mother Child Handbook as well as vouchers you can use to get free pregnancy health checkups.
- You will also have access to counseling with public health nurses, classes on maternity and parenting and a wealth of useful information services.

Pregnant mother services

Health Center (51-0700)

Pregnancy tooth exam

May receive one exam at specified dental clinics in Musashino on a reservation basis.

Pregnancy exam subsidy

1. If exam is received at a Tokyo government approved medical institution you may be eligible for a partial subsidy depending on contents of exam.
2. If exam is received at a maternity home or institution outside of Tokyo, a form may be submitted afterwards to receive subsidy.

Pregnancy counseling

Counseling is available from a public health nurse, dietician, dental hygienists etc. by phone, staff visit or by coming in person.

Stork weekday class

Covers healthy eating, tooth health and encourages exchange between mothers.

Stork Saturday class

Covers bathing and allows you to get a feel for pregnancy using a special weighted jacket.

Birth report

Family Registry Section (60-1840)

Please file a birth report within 14 days of birth as it will be needed for other official documentation. Please bring mother child handbook and inkan (stamp) as they are needed for registration.

Stork vegetables

Life Economics Section (60-1833)

To celebrate the birth of a child we visit and issue tickets for city grown vegetables during the Hello Baby Visit.

Birthday tree

Green City Promotion Section (60-1863)

City visits every January, April, July and October to deliver a sapling to celebrate each child's birth.

Musashino book program

Musashino Central Library (51-5145)

Each child is presented with a list of picture books, a picture book and a message at their 3-4 month and 3 year checkups.

Birthing & Child Raising Aid

Birth fee subsidy

National Health Insurance Section (60-1834)

Anyone enrolled in national health insurance through Musashino is entitled to a one time subsidy of ¥420,000 per newborn child. Anyone enrolled in other healthcare should consult their provider to receive the subsidy.

Hospital fee subsidy

Social Welfare Section

Support provided for low income earners. Please contact in advance for details.

Health exam subsidy

Health Center (51-0700)

A partial subsidy for medical exam fees for infants and nursing or expectant mothers in a low income household.

Premature birth subsidy

Health Center (51-0700)

Any premature children under 2kg or otherwise unable to perform necessary life functions. If doctor deems that support is needed it will be issued until 2 days before the child's first birthday.

Qualifying conditions:

Convulsions, movement irregularities, body temperature below 34 degrees Celsius, strong cyanosis, respiratory/circulation/digestive problems or jaundice.

Air pollution subsidy

Health Center (51-0700)

Any child that meets any of the following conditions is eligible for this subsidy.

Bronchial asthma, chronic bronchitis, asthma induced bronchitis, pulmonary emphysema or a repeat occurrence of any of these conditions. Must be under 18 years of age, been living in Tokyo at least a year (6 months for those under 3), enrolled in health insurance and not start smoking after application.

Infant Checkups & Vaccinations

Health Center (51-0700)

Each person will be notified of checkup and vaccinations on an individual basis.

Infant checkup schedule

Checkup type	Period	Place
3-4 month	3-5 months of age	Health Center
6-7, 9-10 months	6-7, 9-10 months of age	Health institution in Tokyo
18 month internal medicine	18-20 months of age	Health institution in Musashino
Mother child tooth exam and child raising counseling	18-20 months of age	Health Center
3 year	3 years of age	Health Center

Infant vaccination schedule

Type	Eligibility
Tuberculosis	Under 1 year of age
Hemophilus & Influenza strain B	2 months to under 5 years of age
Pneumococcus	
Pertussis ,diphtheria, lockjaw, polio (4 in 1 shot)	3 months to under 7.5 years of age
Chickenpox	1 to under 3 years of age
Measles, rubella	1 to under 2 years of age, or year before elementary school
Japanese encephalitis	6 months to under 7.5 years of age, 9 to under 13 years of age
Diphtheria, lockjaw	11 to under 13 years of age
Cervical cancer	Girls in last year of elementary through first year of high school

*Anyone born up to April 1st, 2007, is under 20 and has not yet received a Japanese encephalitis vaccination may do so free of cost until they reach 20 years of age.

Child Raising Counseling

Hello Baby Visit

Health Center (51-0700)

A public health nurse and midwife will visit any household with a child up to 4 months old to give advice. Please submit birth notification form to the Health Center as soon as possible so we can carry out the visit.

Child raising

Health Center (51-0700)

Counseling in regards to birthing or raising a child. Available 9:00-5:00pm in person or a staff visit on a reservation basis or by phone.

Child growth

Community Rehabilitation Consulting Habit (55-8510)

Consultation for anyone concerned about child's physical and intellectual development.

Infant teething

Health Center (51-0700)

Class on how to prevent cavities for one to two and a half year olds. Also guidance on how to take care of teeth for children up to the age of four.

Musashino Health Center

Health Center (51-0700)

The Health Center offers various types of counseling from pre-birth to infant-raising. Available on an in person and home visit basis by reservation.

Pregnancy counseling

Offer counseling to birthing mothers and family by a public health nurse who will also issue the Mother Child Handbook.

Hello Baby Visit

This visit is done for baby within 4 months of birth. The baby's weight is taken, counseling is given on child-raising and a ticket is given for free Musashino grown vegetables. Please submit a birth notification form immediately after birth.

Baby food

Courses given on baby food and teething on a reservation basis.

Child-raising counseling

Public health nurses, dieticians and midwives give advice about once a month on child-raising at the Health Center, Civic Hall or Public Hall. Body measurement also taken. Additionally, counseling is available over the phone anytime and in person or on a staff visit basis by reservation.

Infant growth counseling

Once a month on a reservation basis, counseling is given on problems concerning infants such as: slow body growth, lack of vocalization, lack of movement and how to interact with children etc.

Infant teething counseling

Tooth exams and counseling are given on a periodic basis to children 18 months to two and a half years of age on a reservation basis.

Senior citizen immunizations

Health Center (51-0700)

Influenza immunizations

Available with a partial subsidy for:

1. Anyone 65 or older on day of vaccination.
2. Anyone 60-64 with heart, kidney or lung disorders that have a significant impact on daily living or anyone infected with an immunodeficiency virus (AIDS etc.) that makes daily living nearly impossible.

Pneumonia immunizations

Available for those who have yet to receive vaccination and meet the following conditions:

1. Must turn 65 in the year that the day of vaccination is in.
2. Anyone 60-64 with heart, kidney or lung disorders that have a significant impact on daily living or anyone infected with an immunodeficiency virus (AIDS etc.) that makes daily living nearly impossible.
3. Those subject to the measure that elapses in 2018. Please contact for details.

Social Welfare

Birth mother allowance

Social Welfare Section (60-1849)

Musashino offers an allowance to mothers giving birth who are part of a low income household. Must consult prior to giving birth.

Support for low income households

Social Welfare Section (60-1254)

Consultation

Consultation support is offered to anyone who is experiencing difficulties with family, loss of work, mental or physical impairments, debt etc. The support counselors give custom tailored support to each person based on their individual needs so they will become able to independently solve their problems.

Home Search Allowance

Those under 65 years of age, have been out of work for less than two years and are having difficulty making rent payments or are in fear of losing their home may be eligible for a rent/payment allowance for up to 3 months. Must meet certain conditions based on household revenue, total assets and Hello Work (Japan's unemployment agency) job searching status.

Job Search & Reinstatement Support

This service is for those who have been out of work for an extended period of time. The support is offered for one year and helps those who have been out of the loop to gain the necessary skills to get back on their feet and get back into the workplace. This includes training seminars, on the job training and job searching support. Restrictions based on household revenue and total assets.

Learning Support

Learning support is available for low income households. Support targets 3-6th grade elementary school students and 1-3rd grade middle school students. The learning support is for Japanese, English and math subjects only. Restrictions based on household revenue and total assets.

Welfare

Social Welfare Section (60-1254)

This is based on Article 25 of the Japanese Constitution and stipulates that anyone under a certain standard of living is eligible to receive welfare. Please contact the Social Welfare Section for more details as to what this covers and whether or not you are eligible.

Handicap Services

System overview

On April 1st of 2006, the Services and Support for Persons with Disabilities Act was passed. Up until that point many individual laws governed the rights and services rendered. Additionally, children with handicaps have been fully covered by the Child Welfare Act as of April, 2012.

On April 1st, 2013, the Services and Support for Persons with Disabilities Act's name changed and was made to support daily living for eligible parties. Those with incurable illnesses also became covered by this law. Furthermore, those enrolled in LTC insurance will be favored by that system and receive those benefits over those stipulated in this act.

How to receive benefits:

1. Anyone who wishes to receive benefits must come in person to apply and will be subject to screening for approval.
2. Each municipality requires the submittal of a service usage plan submitted by a third party support organization.
3. The benefit amount and/or whether or not there is eligibility is then decided based on submitted forms.
4. The third party support organizations then meet and discuss the benefit amount and readjust the plan to fit the budget.
5. The service agreement then begins.

Services rendered

Long term care (LTC)

This service offers help to those in order to fulfill daily functions, do chores, perform basic operations, for short hospitalization, for entering institutions and in general to support anyone with an extreme level of handicap due to an illness etc.

Training support

Independence training (daily living)

Job transition support

Job continuation support

Joint living support (group home)

Prosthetics

Subsidy for the purchase of prosthetics.

Counseling support

Counseling offered for moving in and out of the community, getting used to life and other matters.

Independence support medical care

Support offered in order to help individuals rehabilitate, get help to be raised and for commuting to a medical institution.

Child welfare programs

Child growth support

Child medical support

Afterschool and day services

Daycare and visiting support

Community handicap counseling

Social Welfare Section for the Disabled (60-1847)

Local advisors ready to give counseling on various issues.

Name	Sex	Area	Phone	Expertise
Shiori Ihara	F	Midoricho	080-5495-2871	Physical handicap
Kazuyo Enomoto	F	Midoricho	51-1674	Physical handicap
Masami Chiba	F	Midoricho	90-6167 (fax)	Physical handicap
Yukiko Ito	F	Kichijoji Kitamachi	21-1472	Physical handicap
Hisae Naganuma	F	Yahatacho	51-0474	Intellectual handicap
Akiko Nakayama	F	Nakacho	54-9703	Intellectual handicap
Yoshiteru Momose	M	Sakurazutsumi	36-6012	Intellectual handicap
Ayako Iida	F	Nakacho	55-8156	Intellectual handicap

Biito Community Living Support Center

Kichijoji Kitamachi 4-11-16 (54-5171)

This center offers counseling for those with handicaps and their families in regards to difficulties in daily living etc.

Habit Community Raising Counseling

Midoricho 2-6-8 (55-8510)

Counseling for parents in regards to child's physical growth.

Yuitto Intellectual Handicap Counseling

Yahatacho 4-28-13 (55-5018)

Counseling for those who received a higher cerebral function intellectual handicap through an accident or illness and their families. Rehabilitation and other services offered based on individual needs.

MEW Mental Illness Support

Nakacho 3-4-9 (36-3830)

Provides counseling for everyday activities and provides those with mental illness a way to live with a peace of mind and a place to be creative.

Acquiring handicap status handbooks

Physical handicap handbook (Shintaishogaisha techo)

Social Welfare Section for the Disabled (60-1847)

This is for those who either through sickness or an accident have a physical handicap. The handicap is rated level 1-6 depending on severity. Up to ¥5000 subsidized for attainment of medical diagnostic certificate.

Intellectual handicap handbook (Ai no techo)

Under 18 years old Tokyo-to, Suginami-ku Children's Counseling Office (03-5370-6001)

Over 18 years old Tokyo-to, Handicap Welfare Center (03-3235-2963)

This is for anyone with an intellectual handicap which is rated level 1-4. Must call to make an appointment to fill out paperwork.

Mental handicap handbook (Seishinshogaisha hoken fukushi techo)

Social Welfare Section for the Disabled (60-1847)

Given to those that have a condition that interferes with daily living over a long period of time and rated level 1-3. Up to ¥5000 subsidized for attainment of medical certificate.

Acquiring benefits

Physical or intellectual handicap welfare allowance

Social Welfare Section for the Disabled (60-1847)

This is for anyone with a physical or intellectual handicap level 1-4, progressive muscular atrophy or cerebral palsy. Only for those under 65 and with a handicap handbook and who have applied. Benefit based on age and pay grade and is ¥11,000 or ¥15,500 a month (half for those over income restrictions).

Special handicap allowance / Child handicap welfare allowance

Social Welfare Section for the Disabled (60-1847)

Both allowances for any children with a high level of handicap (restrictions based on income). The special handicap allowance is for those 20 years of age or over and is ¥26,810 a month. The child handicap welfare allowance is for anyone under 20 and is ¥14,580 a month.

High degree physical or intellectual handicap allowance

Social Welfare Section for the Disabled (60-1847)

For those with a high level of handicap (anyone 65 or older may not apply, income restrictions apply). ¥60,000 a month.

Special child raising allowance (tokubetsu jido fuyo teate)

Children and Family Support Center (60-1852)

For anyone raising a child with a heavy or moderate handicap and under 20 years of age (income restrictions apply).

Level 1 is ¥51,100 a month and is for anyone with a level 1-2 physical or intellectual handicap handbook. Level 2 is ¥34,030 a month and is for anyone with a physical handicap level 3-4 (only part of 4), an intellectual handicap level 3 or an internal, mental or growth handicap deemed to be equivalent to the above statuses.

Child raising allowance (Jido ikusei teate)

Children and Family Support Center (60-1852)

For anyone raising a child under 20 years of age that has a physical handicap level 1-2, an intellectual handicap level 1-3 or progressive muscular atrophy or cerebral palsy. ¥15,500 a month.

Subsidies & exemptions

Income tax exemptions

Musashino Tax Office (53-1311)

Municipal tax exemptions

Municipal Tax Section (60-1823)

NHK subscription fee reduction

Social Welfare Section for the Disabled (60-1847)

Light vehicle tax break

Municipal Tax Section (60-1822)

Vehicle tax break

Vehicle Tax Call Center (03-3525-4066)

Prosthetics

Social Welfare Section for the Disabled (60-1847)

Subsidy for prosthetics that are deemed to be needed in order to compensate for a handicap. For anyone with a physical handicap handbook or those with certain incurable illnesses (income restrictions apply). Long term care insurance

supersedes this benefit. Covered prosthetics include: glasses, artificial eyes/limbs, white canes, hearing aids, walkers, wheelchairs etc.

Daily living tools

Social Welfare Section for the Disabled (60-1847)

This is to distribute tools needed for daily living based on level of handbook. This is for anyone living in their own home with a handicap or incurable illness (not all illnesses apply). Subsidy differs per equipment needed (income restrictions apply). Covered tools include: electric cookers, blind watches, signaling devices, text-to-speech devices, artificial larynxes, special beds, bathing assist devices etc.

Household equipment improvement

Social Welfare Section for the Disabled (60-1847)

Home equipment improvement available for those with certain handicaps or incurable illnesses. Prior consultation required (subject to age and income restrictions). Small to medium improvements and mobility upgrades are eligible.

Housing/rent subsidy

Social Welfare Section for the Disabled (60-1847)

Partial subsidy for non-municipal housing. For those who have lived in Musashino for at least 3 years from the closest April 1st and have a physical handicap handbook level 1-4 or an intellectual handicap handbook level 1-3 (income restrictions apply).

Physical & intellectual handicap medical fee subsidy

Social Welfare Section for the Disabled (60-1847)

Covers part or all of copayment. Must be under 65 years of age and have a physical handicap handbook level 1-2, (level 1-3 for internal handicaps) or an intellectual handicap handbook level 1-2 (income restrictions apply).

Medical & rehabilitation subsidy for becoming independent

Social Welfare Section for the Disabled (60-1847)

A system to provide anyone over 18 with handicaps a way to receive the proper medical care to become independent and is for any therapy or treatment that has a guaranteed chance of improving or correcting their condition (subsidy subject to income restrictions and copayments).

Child-raising medical support for becoming independent

Social Welfare Section for the Disabled (60-1847)

A subsidy which allows for children with a physical handicap to receive early stage medical care and gain vital life skills. Must be under 18 years old and require a surgery with proven results to improve quality of life.

Independence support treatment subsidy

Social Welfare Section for the Disabled (60-1847)

For anyone with a mental illness and commuting to a care facility. The medical insurance cost will be partly of fully subsidized (income restrictions apply).

Children mental handicap hospitalization fee subsidy

Social Welfare Section for the Disabled (60-1847)

For anyone under 18 years old that needs hospitalized care due to a mental illness.

Children chronic illness medical fee subsidy

Social Welfare Section for the Disabled (60-1847)

Any child under 18 years old that needs long term medical treatment due to a chronic illness (only certain illnesses apply).

Medical report subsidy

Social Welfare Section for the Disabled (60-1847)

For anyone with a physical or intellectual handicap handbook or receiving independence training for a mental illness. The subsidy covers up to ¥5000 worth of diagnostic report fees for those with a handbook and up to ¥3000 for those with a mental illness.

Handicap related services

Handicap Welfare Center Yahatacho 4-28-13 (55-3825)

Training (55-3612)

Offer training to improve bodily function for those middle-aged to about 65 years of age and provided by physical, occupational and speech therapists.

Interaction workshops (55-3506)

Hold various activities each month in order to get people involved in the community.

Employment

Airu Handicap Employment Support Center

Kyonancho 2-5-8-102 (26-1855)

For anyone with a handicap that would like to try to work, is currently working or has held a job in the past.

Long term care

Social Welfare Section for the Disabled (60-1847)

Home helper

Help with tasks related to daily living and or transport. Anyone with a physical, mental or intellectual handicap or incurable sickness is eligible.

Fetching service

For anyone with an intellectual handicap handbook and elementary age or older, or a full body handicap or mental handicap handbook.

Sign language and closed captioning

Service provided for meetings and clinical visits etc.

Sign language guide at city hall

Monday, Wednesday and Friday 10:00-3:00pm and Thursday 12:00-5:00pm.

Short term stay (country run)

Temporary care at a hospital or facility for loved ones who have a physical or intellectual handicap handbook or a mental handicap.

Short term stay (city run)

A place to that will temporarily care for loved ones who live in Musashino and are under the age of 65 with a physical or intellectual handicap. You must register in advance to use this service. This service can be used to get some relief from care giving or when you are unable to provide proper care at home.

City run short stay facilities (service only available in Japanese)

Name	Phone	Address	Services
Sakura House/ Imaizumi	54-1187	Sakurazutsumi 1-5-1	24/7 short stay service for any Musashino citizen under the
	Reservations 46-7707		

Nagomi House	37-2644	Yahatacho 4-28-14	age of 55 with an intellectual or physical handicap
Inokashira House	46-7707	Kichijoji Minamicho 4-21-17 Nest 138 1F	

Transportation services

Taxi and gasoline subsidy

Social Welfare Section for the Disabled (60-1847)

Taxi tickets or gasoline subsidies are available. Those with a physical handicap handbook level 1-4 and intellectual handicap handbook level 1-3 are eligible for both subsidies and those with a mental handicap are only eligible for taxi subsidies. Income restrictions apply.

Lift service (0120-77-4481)

A transport service for those who need a wheel chair or are bed ridden and would like to go somewhere inside of Musashino city limits. Service is 8:00-5:00pm. You may make reservations a day to a month in advance. Please direct all inquiries to lift service provider. Starts from as low as ¥730.

Other discount services

Social Welfare Section for the Disabled (60-1847)

Please inquire for other JR, bus, taxi, air, cruise discounts etc.

Other services

Bathing and bed cleaning services

Social Welfare Section for the Disabled (60-1847)

Anyone who is bed ridden and has a physical handicap handbook level 1-2 is eligible for bathing services once a week (twice a week in the summer), bed drying services twice a month and bed cleaning services 3 times a year. Copayment required.

Beauty services

Civil Welfare Society (23-0701)

Anyone with a leg or abdominal handicap level 1-2, a visual handicap level 1 or an intellectual handicap handbook level 1-2 is eligible for tickets (limited value) up to 5 times a year for hair or beauty treatment.

Meal services

Social Welfare Section for the Disabled (60-1847)

Anyone under 65 and single or in a handicap only household with a level 1-2 visual handicap, level 2 hearing handicap, a level 1-3 physical handicap or a level 1-3 internal handicap is eligible to receive lunch service for ¥500.

Search service

Social Welfare Section for the Disabled (60-1847)

This is a service to track down the whereabouts of someone with an intellectual or mental handicap that has wandered off. Service ¥500 a month and ¥5,000 for express service.

Incurable illness services

Social Welfare Section for the Disabled (60-1847)

Medical subsidy for incurable illnesses

Partial medical fee subsidy for those possessing a certain illness specified by the Tokyo metropolitan or national government. Please inquire for further details.

Incurable illness welfare allowance

People receiving treatment for eligible illnesses may receive ¥12,000 a month.

Incurable illness commuting subsidy

Covers up to ¥7,000 per visit for those going to get treatment.

City handicap welfare facilities

Handicap Welfare Center

Yahatacho 4-28-13 (55-3825) Email: cnt-syogaisya@fuku-musashino.or.jp

Provide home improvement, daily necessities, counseling on prosthetics, seminars and musical therapy.

Subaru Reability Support

Yahatacho 4-28-13 (55-3612) Email: subaru@fuku-musashino.or.jp

(Independence training, functional training and long term care services)

Offer functional training and support for daily living. Also offer a place to be active and recommend different leisure activities and encourage active community involvement.

Senkawa Workshop

Yahatacho 4-28-13 (55-3826)

(Long term care and job continuation support type B services)

Gives those with intellectual handicaps a chance to experience work in various forms. Can assist with jobs like the packing of magazines and freebies, stuffing envelopes and delivering mail.

Senkawa Sun Children's Classroom

Yahatacho 4-28-13 (51-4008)

(Child growth support service)

A place that focuses on the raising of young children not yet going to school who are experiencing slower than normal growth. Partial subsidy available.

Keyaki Work Center

Kichijoji Kitamachi 4-11-16 (54-5096)

(Job transition support and job continuation support type B services)

Provide a working environment for those otherwise unable to work in a professional environment. Attendees perform tasks such as stuffing envelopes and making bread. Job placement support also available. Also run Pearl Bouquet Cafe and Cafe La Blu.

Daichi Work Center

Kichijoji Kitamachi 4-11-16 (54-5112) Email: daichi@fuku-musashino.or.jp

(Independence training and long term care services)

Provide various activities based around work and offer wages to help provide a fulfilling life. Activities include stuffing envelopes, cleaning parks and creating recycled paper from used milk cartons.

Yamabiko Day Center

Kichijoji Kitamachi 4-11-16 (54-5102) Email: yamabiko@fuku-musashino.or.jp

(Long term care service)

This service provides a creative environment for those with intellectual handicaps so they may receive individual attention and obtain peace of mind.

Fureai Day Center

Kichijoji Kitamachi 4-11-16 (54-5134) Email: fureai@fuku-musashino.or.jp

(Long term care service)

Offer support so that those with physical or multiple handicaps may lead a fulfilling life. Services include rehabilitation, ceramics, leather crafting, fabrics etc.

Whiz Child Growth Support

Midoricho 2-6-8 (54-5162)

(Child growth support service)

A place where children with growth handicaps may go in accordance with the Child Welfare Act. Subsidy available.

Musashino Welfare Workshop

Kichijoji Kitamachi 4-12-20 (53-1782) Email: fukusaku@fuku-musashino.or.jp

(Job transition/continuation support and long term care services)

Facility was transferred from the Tokyo metropolitan government in 2007 and provides various welfare services.

Inkuru Job Assistance

Nakacho 1-28-10 (50-1701) Email: imcl@fuku-musashino.or.jp

(Job transition support service)

Provide job transitional services for those who are seeking employment. Provide many support programs to aid both transitions and continuation of work.

Challenger

Kyonancho 4-20-5 (30-3010)

(Job transition and job continuation support type B services)

For those with a high desire and ability to perform work. Provide transitional support for anyone able to perform general work with focus on raising ability and becoming productive.

Work In Sekimae

Sekimae 3-41-16 (37-6266)

(Job transition and job continuation support type B services)

Provide a work environment focused on raising competency and productivity for those who are unable to perform in a normal working environment.

Work In Nakacho

Nakacho 2-6-5 (27-7519)

(Job continuation support type B and long term care services)

Help those lacking the energy or will to work to have a safe a healthy working environment.

Musashisakai Working Center

Kyonancho 3-10-1 (33-1708)

(Job transition and job continuation support type B services)

For those with a high desire and ability to perform work. Provide transitional support for anyone able to perform general work with focus on raising ability and becoming productive.

Yuai Factory

Midoricho 1-5-16 (60-5353) Email: yu-ai.center@tea.ocn.ne.jp

(Job transition/continuation support and long term care services)

Gives users a place to work and be active; catering to each individual and striving to provide them with a comfortable and fulfilling place to spend their time.

MEW Job Support Center

Nishikubo 1-6-25-301 (36-3577) Email: cmew.jin@nifty.ne.jp

(Job transition support service)

Based on the American clubhouse model and focuses on giving those with a mental handicap a place to be active; including computer work, bookkeeping and other skills training.

MEW Job Continuation Support Workshop

Nakacho 3-4-9 F1 (36-2089) Email: mewshop2@nifty.com

Allow for productivity through the offering of voluntary food and craft creation, running of second hand stores and cleaning of parks and buildings. Other recreation provided. Also offer job support for those who have gained a high enough competency for a normal workplace.

Yahata Workplace

Yahatacho 4-5-5 (27-8390)

(Job transition and job continuation support type B services)

Provide a work environment focused on raising competency and productivity for those who are unable to perform in a normal working environment.

Kabaanu

Sakai 1-17-6 Kyoei Mansion Musashino 106 (55-1533) Email: info@kojindo.jp

(Job continuance support type B service)

Offer chances to work at community used book stores.

Kotto

Sakai 1-9-9 Onsendoori Building 206 (38-8837)

(Daytime temporary support service)

Offer chances to be creative, mingle with the community and give support for becoming independent.

Pepiita

Midoricho 2-4-38 (27-8027)

(Daytime temporary support service)

Offer creative classes, music therapy and calligraphy for those with handicaps to help them lead a fulfilling life after school.

Ginmokusei Workshop

Nakacho 1-19-10-203 (52-5395)

A place for those with intellectual handicaps or growth handicaps to take part in activities such as dyeing and gardening. While being able to fully express themselves through these activities they are able to meet other people and build friendships. Dyeing classes are held at local elementary schools in order to promote interaction and mutual understanding. The Chukinto Cultural Center has an environmentally friendly dyeing and weaving exhibit and fashion show every year in the annexed museum exhibit hall.

Uno Dos Growth Support Laboratory

Kyonancho 3-22-22 (32-9223) Email: unodos1_2@yahoo.co.jp

Offer multiple services including recognition growth support, counseling, a place for part time work before full time employment, counseling with clinical psychologists/college students/young workers, musical therapy and preparations for concerts.

Tomorrow's Kids

Yahatacho 1-6-1 (36-5151) Email: asuhak@oozora.or.jp

(After school and day service)

Offer a place where children with handicaps can take part in group activities after school.

Pokoapoko Child Growth Center

Sakai 2-4-3 Suyama Musashino 1F (27-7293) Email: pocoapoco2306@gmail.com

(After school and day service)

Provide different creative activities, exercise, snack making and music each week in a group environment for children with intellectual handicaps after school.

Tokyo Rehabilitation Services

Kichijoji Kitamachi 3-5-8 1F-110 (50-0323)

Orenji Child Growth Support

Beside You

Kichijoji Minamimachi 3-7-1 Purandorusanryo 2F (26-9753)

Be Kids Musashino

Musashino Senkawa Welfare Society

Yahatacho 2-5-3 (080-5458-9175)

Senkawa Cherry Club

Sasae

Kichijoji Honcho 1-35-14 Yuniasu Buidling Shichii Building (27-1736)

Child growth support and after school day services.

Group homes (service only available in Japanese)

Name	Phone	Services
Sekimae Sakura Ryo	30-0022	Intellectual handicap long term care and living support
Yahata House	52-6177	Intellectual handicap long term care and living support
Sunflower House	52-2664	Intellectual handicap living support
Renga	54-9255	High degree physical handicap group home
MEW House	55-5969	Mental handicap living support
Kyonan Aoi Ryo	30-0022	Intellectual handicap and living support
Ten No Iraka Ryo	30-0022	Intellectual handicap long term care and living support
Sekimae House	55-5350	Intellectual handicap long term care and living support
Kichijoji Izumi Ryo	30-0022	Intellectual handicap long term care and living support
Kitamachi House	60-2661	Intellectual handicap long term care living support
Group Home Kusunoki	54-5465	Intellectual handicap and living support
Sekimae Josui Ryo	30-0022	Intellectual handicap and living support
Joisu	0422-77-6315	Intellectual handicap and living support

Long Term Care Insurance System

Once an applicant applies at city hall it is determined whether or not they need LTC. Service can only be used if deemed necessary which is a process done through the insurer (Musashino). If needed, the applicant then contracts directly with LTC service providers and usually pays them a copayment (please inquire for percentage). If applied for a representative from the LTC Support Center or city hall will make a visit to inspect the circumstances. The services are usually funded 50% by premiums and 50% by government subsidy. Anyone 40 years of age or older is required to pay into this system.

Eligibility

Senior Citizens Support Section (60-1845)

Insured type 1: Anyone 65 years of age or older and is deemed to need or will need LTC.

Insured type 2: Anyone 40-64 years of age that has certain health conditions. Please inquire to learn which health conditions apply.

Insurance premium calculation methods

Those 65 and older (insured type 1): Insurance premiums are decided every 3 years in the city's long term care plan.

Those 40-under 65 (insured type 2): Premium amount is dependent upon the insurance type that you are enrolled in.

Those enrolled in national health insurance may contact the Insurance Section. For all other inquiries please contact the private provider directly .

Payment method

Those 65 and older (insured type 1): In accordance with the LTC Act, Article 131, anyone that receives a retirement pension of ¥180,000 or more per year will have premiums automatically deducted from their pension payments. The automatic deduction takes priority so no other payment methods are available. All others will receive a bill for each premium payable manually or through a wire transfer.

Those 40-under 65 (insured type 2): LTC payments are made on top of any regular health insurance premiums. Social insurance premiums are required to be paid in half by employer in principal. The premium calculations vary depending on the provider. National health insurance is calculated based on income, paid by the head of the household and varies per municipality.

LTC Comprehensive Community Support Center (city office)

(60-1947)

LTC preventative care, general counseling support, rights protection, abuse prevention services, care manager support etc. are provided by this center. Each home LTC support center also has reception for the Regional Comprehensive Support Center's counseling services.

Home LTC & regional comprehensive support centers (below 6 locations)

Senior Citizens Support Section (60-1846)

There are 6 centers in total that handle various types of counseling via the phone, in person or on a visitation basis. They also cooperate with the Regional Comprehensive Support Center in order to provide support and counseling for long term care preventative services.

Home LTC & regional comprehensive support centers provide information on various LTC services and also counseling and support to find the best match of services for everyone based on their individual needs.

Name	Address / Phone	Jurisdiction
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Yutorie	Kichijoji Minamicho 4-25-5	Kichijoji Higashicho, Kichijoji Minamicho, Gotenyama 1 Chome
	72-0313	
Kichijoji Honcho	Kichijoji Honcho 4-20-13	Gotenyama 2 Chome, Kichijoji Honcho
	23-1213	
Senior Citizen General Center	Midoricho 2-4-1	Nakacho, Nishikubo, Midoricho, Yahatacho
	51-1974	
Kichijoji Nursing Home	Kichijoji Kitamachi 2-9-2	Kichijoji Kitamachi
	20-0847	
Sakurazutsumi Care House	Sakurazutsumi 1-9-9	Sekimae, Sakai, Sakurazutsumi
	36-5133	
Musashino Red Cross	Kyonancho 1-26-1	Kyonancho
	32-3155	

Lifelong Learning & Sports

Continuing education college classes

Musashino Juyu University (30-1904)

Musashino's five colleges: Asia University, Seikei University, Tokyo Woman's Christian University, Nippon Veterinary and Life Science University and Musashino University, provide various lifelong learning courses for those who are 18 years of age or older (excluding those in high school or college). Must live or work in Musashino or be a resident of Suginami-ku or Nishi Tokyo city.

Cultural festivals

Citizens' Cultural Festival (every September) (60-1902)

Planning & coordination: Musashino Cultural Arts Association

Venue: Civic Hall, Civic Cultural Center, Performing Arts Theater, Swing Hall etc.

Events: Folk song event, art exhibits, haiku event, civic music festival etc.

Citizen's Civic Hall Cultural Festival (every October) (51-9144)

Planning & coordination: Musashino Civic Center Festival Execution Committee

Venue: Civic Center, Swing Hall

Events: Ceramic, painting & handcraft exhibits, chorus, dancing, cooking, lectures, presentations etc.

Support for educational group activities

- | | |
|---|---|
| ① Subsidy for using the Civic Center | ③ Fees to help pay for specialist teacher's instruction |
| ② A bus leasable for group activities (subject to screening) | ④ Reduced fees for using school facilities |
| | ⑤ Lending of equipment |
| Qualifying group activities: | |
| ① Education (history, old documentation, tea ceremony etc.) | ⑥ Performing arts (theater, puppeteering etc.) |
| ② Cultural arts (tanka, haiku) | ⑦ Dance (ballroom dance, folk dance etc.) |
| ③ Language (English, Chinese etc.) | ⑧ Sports (soccer, tennis, baseball, walking, yoga etc.) |
| ④ Arts/Industrial arts (painting, pictures, sculpting, ceramics etc.) | ⑨ Home economics (child raising, cooking etc.) |
| ⑤ Music (chorus, concerts, Japanese music etc.) | ⑩ Welfare/Community activity (sign language etc.) |

Usage of school facilities

(60-1902)

Musashino allows the usage of municipal elementary and middle schools for learning, culture and sports events.

- ① Facilities are available anytime from 9:00am-9:00pm excluding when school is in session and the beginning and end of the year.
- ② After registering as a group you must submit all requests by the 15th of the month prior to usage. (Senkawa Fureai Hall the 15th of 2 months prior)
- ③ In order to register a group, at least half of its comprising members must live, work or be enrolled in education in Musashino.

School facilities

(units in yen ¥)		9:00-1:00pm	1:00-5:00pm	5:00-9:00pm
Schoolyard		1000	1000	1000
1- 4 th middle schools' gymnasiums	All	4000	4000	4000
	Half	2000	2000	2000
Other gymnasiums		2000	2000	2000

2, 4 th middle school's Dojos	All	2000	2000	2000
	Half	1000	1000	1000
4 th middle school's Japanese (J), meeting (R), and play (P) rooms	J	2000	2000	2000
	R	2000	2000	2000
	P	2000	2000	2000
1 st middle school music hall		3000	3000	3000
Other special classrooms		500	500	500

*Using more than the allotted time will result in a charge for all periods it overlaps with.

Tennis courts

(units in yen ¥)	9:00-11:00m	11:00-1:00pm	1:00-3:00pm	3:00-5:00pm	5:00-7:00pm
1-5 th middle school tennis courts	600	600	600	600	600

*The last time slot is only available from May through August.

*Cost is per court and not all courts.

*Using more than the allotted time will result in a charge for all periods it overlaps with.

(units in yen ¥)	10:00-12:00pm	12:00-2:00pm	2:00-4:00pm	4:00-6:00pm
6 th middle school tennis court	600	600	600	600

*The last time slot is only available from May through August.

*Using more than the allotted time will result in a charge for all periods it overlaps with.

Swimming pool

The 4th middle school's heated pool is available for use for up to 2 hours for ¥2500 on weekdays from 6:00-8:00pm and weekends and holidays from 9:00-9:00pm. On weekends and holidays in July and August, groups may not reserve pool from 9:00-5:00pm.

Senkawa Elementary School facilities

(units in yen ¥)	Details	9:00-1:00pm	1:00-5:00pm	5:00-9:00pm	Comments
Training room	141m ²	1000	1000	1000	Light exercise
Large meeting room	max 45 people	1500	1500	1500	With whiteboard
Fureai Hall	max 345 people	5000	7000	10000	With wooden benches, additional paid facilities available, (stage W14.5m D6.4m)
Japanese style room	18 tatami mats	1000	1000	1000	Can be divided roughly in half (room available with hot water)

Musashino Place

Musashino Place has multiple functions such as a library, lifelong learning support and a civic and youth activity support center.

Address: Kyonancho 2-3-18 Phone: 30-1905 Fax: 30-1960

Hours of operation: 9:30am-10:00pm

Website: musashino.or.jp/place.html

Closure: Every Wednesday. Additionally, the end and beginning of the year and special library organizational days.

Floor guide:

Floor 4 - Work terrace - Large meeting rooms and study rooms with personal desks (available on a fee basis).

Floor 3 - Work lounge - Printing facilities, information corner and meeting spaces for civic groups (some spaces only available for registered groups).

Floor 2 - Library - Books for every need divided into easy to find categories. Space to leisurely read for children and parents.

Floor 1 - Library lounge - Auto book lending machines, cafe, gallery etc.

B1 - Main library - The main floor of Musashino place which boasts over 80,000 volumes.

B2 - Youth lounge - Space for teens to relax and special rooms for cooking, arts, band practice, dance etc.

Facility usage

(units in yen ¥)	9:30-12:30pm	1:00-5:00pm	6:00-10:00pm	All day
Forum part A	3900	5700	6200	14500
Forum part B	2500	3700	4000	9300
Forum A & B	6400	9400	10200	23800
Space A	800	1100	1200	2800
Space B	800	1100	1200	2800
Space C	2400	3500	3900	9000
Space D	1200	1800	2000	4500
Space E	1200	1800	2000	4500

*The cost depends on one's age and whether or not they are a citizen of Musashino.

Studios

(units in yen ¥)	9:30-12:00pm	12:00-2:30pm	2:30-5:00pm	5:00-7:30pm	7:30-10:00pm
Sound studio A	2000	2000	2000	2000	2000
Sound studio B	2000	2000	2000	2000	2000
Performance studio	3500	3500	3500	3500	3500
Craft studio	1500	1500	1500	1500	1500

*Only youth may use after 2:30pm and on all weekends and holidays.

*The cost depends on one's age and whether or not they are a citizen of Musashino.

Gallery

(units in yen ¥)	9:30-12:30pm	1:00-5:00pm	6:00-10:00pm	All day
Gallery	1700	2500	2700	6300

Registration

In order to reserve a facility via the internet or a kiosk, you must first register on the 3rd floor. We accept all registration on an individual or group basis regardless of age or Musashino citizenship etc. However, age and citizenship etc. will determine the cost of each facility and also whether or not it will be available for use.

Library card registration

In order to borrow any books, you first need to register a library card with Musashino. This can be used at any of the three libraries in Musashino. You may register on B1 or 2F.

Musashino History Museum

Phone: 53-1811

Website: city.musashino.lg.jp/shogaigakusyu_koza/rekishikan/

Hours of operation: 9:00-5:00pm Entry: Free

Closure: Fridays/holidays/year end/year beginning

The Musashino History Museum houses Musashino's lush history and carries on the stories of the past to future generations. The facility was born in December, 2014 from an old converted library facility. The facility collects and stores any objects of historical interest in addition to researching them and spreading the information. Official documents are also safe-kept here.

Musashino has been compiling its history since 1962. The traditions and culture have been maintained by locals and it is this museum's goal to preserve these well into the future. Additionally, the facility releases its meeting room for history related lectures etc.

Meeting room usage

Anyone living, working or enrolled in education in Musashino may reserve a meeting room after the 14th, 2 months prior until the desired day of usage. Any groups including Musashino citizens may apply after the 21st, 2 months prior.

*If the 14th or 21st falls on a day of closure, the reservations will begin the following business day.

	Capacity	9:30-12:00pm	1:00-4:30pm
Meeting room	30 people	¥800	¥1200

Musashino Sports Complex

Kichijoji Kitamachi 5-11-20 Phone: 56-2200

A facility equipped to meet the needs of any sports enthusiast. Has a large and small open gym, ping pong/dance/aerobics/judo/kendo/Japanese archery/training/body measurement/meeting rooms/a children's room and a track.

Hours of operation: 9:00-9:30pm

Closure: Closed the 15th of every month (closed the next weekday if the 15th is a weekend or holiday) Also closed at the beginning and end of the year.

Facility	Time	Cost for 3 hours
Training room	9:00am-9:30pm	Adults ¥400, Citizens ¥200, Senior citizens ¥100
Body measurement room	9:00am-9:30pm	Adults ¥400, Citizens ¥200, Senior citizens ¥100
Main/sub arena	check each month	Adults ¥400, elementary/middle school ¥100, Citizens ¥200, Senior citizens ¥100
Track	check each month	Adults ¥100, middle school or under free, Senior citizens ¥100
Ping pong room (8 tables)	9:00am-9:30pm	Adults ¥400, elementary/middle school ¥100, Citizens ¥200, Senior citizens ¥100

*All other above listed facilities may only be used on an individual basis when not in use by groups.

Card discounts

Citizen cards are issued to any citizens who are elementary school aged or above. Gold cards are issued to senior citizens and reduce usage fees to ¥100. Platinum cards are issued to those in possession of a handicap handbook and all facility usage is free. To apply, please bring any official form of ID such as a driver's license, health insurance card etc. to the reception desk of the Musashino Sports Complex.

Classes

There are many classes available such as: aerobics, Pilates, yoga, qi gong, badminton, ping pong, archery etc. for anyone from a beginner to an intermediate level.

Exclusive usage

In order to use either arena or a dojo solely for your group's purpose, Musashino citizens must make up the majority and application must be done after the 1st of the previous month. Musashino groups may apply up to two months in advance with a lottery system. Please inquire for full details.

Children's Room

Children may play freely in ball pit etc. under the supervision of a guardian.

Pools

The indoor heated pool is open year round for individuals or exclusive use. July and August is only open for individual use. The outdoor pool is open from July to the beginning of September. Closed for pool cleaning in addition to regular closures. Only children who have graduated diapers may use the pool.

Facility	Time	Cost for 2 hours
Indoor 15/25m heated pools	9:00am-9:30pm	Adults ¥400, elementary/middle school ¥100, Senior citizens ¥100, children not yet in school are free
Outdoor pools (Jul through beginning of Sep) 50m pool & baby pool	9:00-6:00pm	Adults ¥200, elementary/middle school ¥10, Senior citizens ¥100, children not yet in school are free

Track

Running track open for running only to individuals. The course is open 9:00-5:00pm, until 7:00pm from May through August and until 6:00pm during April and September. Please confirm times each month. Adults and senior citizens ¥100, middle school students or below may use for free.

Baseball/softball field

Only available for exclusive use. Please refer to chart or call for additional details.

Tennis courts

Only available for exclusive use. Additional tennis courts available in Musashino Central Park. For more information please refer to chart or call Musashino Central Park Service Center (54-1884).

Midoricho Sports Plaza

Good for small scale soccer and other such games with a tall wall to catch balls from going out of bounds. Open 9:00-5:00pm and until 7:00pm from May through August. Adults ¥400, middle school or under free, senior citizens ¥100 and anyone else is half price with a citizens card.

Musashino Street Sports Plaza

Open 1:00-8:00pm on weekdays and 10:00-8:00pm on weekends. 10:00-12:00pm on Saturday is exclusively for elementary and middle school students. Free to use.

Sports fields in Musashino Central Park

Only available for exclusive use. Usage is free.

Facilities with exclusive usage available

The following facilities may be reserved exclusively. The following table only represents amount for Musashino citizens. All others pay double. Events that charge admission are also subject to a charge 3 or 6 times the rate listed in the table.

(units in yen ¥)		9:00-11:45am	12:15-3:00pm	3:30-6:15pm	6:45-9:30pm
Main arena	All	10620	10620	10620	10620
	2/3	7080	7080	7080	7080
	1/2	5310	5310	5310	5310
	1/3	3540	3540	3540	3540
Main arena extras		Announcements 1000 Scoreboard 1000			
Sub arena	All	5200	5200	5200	5200

	1/2	2600	2600	2600	2600
Studios	All	1800	1800	1800	1800
	2/3	1200	1200	1200	1200
	1/3	600	600	600	600
Dojos		1200	1200	1200	1200
42,480 to rent all facilities for a day					

(units in yen ¥)		9:00-11:00am	11:00-1:00pm	1:00-3:00pm	3:00-5:00pm	5:00-7:00pm Only May through Aug
Entire track		Entire track all day 36000				X
		9000	9000	9000	9000	X
Track extras		Announcements 1000 Olympic torch and holder 1000				
Field		4500	4500	4500	4500	4500
Heated pool		2500	2500	2500	2500	X
Midoricho	(All)	6000	6000	6000	6000	6000
Sports Plaza	(1/2)	3000	3000	3000	3000	3000

(units in yen ¥)	8:45-10:45am	10:45-12:45pm	12:45-2:45pm	2:45-4:45pm	4:45-6:45pm Only May through Aug
Baseball field	2000	2000	2000	2000	2000
Tennis Courts	1000	1000	1000	1000	1000

(units in yen ¥)	9:00-1:00pm	1:00-5:00pm	5:30-9:30pm	All day
Large meeting room (1/2)	1600 (800)	1600 (800)	1600 (800)	4800 (2400)
Audio visual room	1200	1200	1200	3600
Japanese style room (1/2)	1600 (800)	1600 (800)	1600 (800)	4800 (2400)
Eastern style room	300	300	300	900

Sports classes

Sports classes aimed at beginners are given at community centers and gymnasiums etc. Classes are available for yoga, Pilates etc. Musashino Lifelong Learning Promotion Group (56-2200).

Sport events

Family sports fair

April 29th every year. This is an event where the Musashino Sports Complex and surrounding facilities are open to all for family related games. No registration is required.

Civilian Sports Day

On the third Sunday afternoon of each month, municipal elementary school schoolyards and gymnasiums are opened for events. This takes place every month except July, August, March and other days in which special events take place.

Musashino City Road Race (relay races and marathons)

Every March, a relay race and marathon is held in order to promote a healthy lifestyle.

Outdoor Activity Center

Holds many outdoor activities such as: camping, hiking, mountain climbing, nature observation, sports etc. Please inquire for further information (54-4540).

Musashino Nature Village

(0267-99-2400) Nagano prefecture, Minamisakugun, Kawakamimura, Kawahake 547-1

Located near the Chikuma riverhead at an altitude of approximately 1,520 meters. Includes walking paths and hiking courses available for group or individual use.

Eligibility	Anyone living in, or anyone working or enrolled in education in Musashino 18 or older
Hours	Open from late Apr through early Nov (subject to change) *Closed Tue excepting during summer vacation
Cost	Accommodation fee (paid at time of reservation) Central building: Adults ¥1000, elementary through middle schoolers ¥400 Cabin building: Adults ¥200, elementary through middle schoolers ¥100 Food cost (central building only, paid on location) Adults: Breakfast ¥600, lunch ¥600, dinner ¥1000 Children: Breakfast ¥400, lunch ¥400, dinner ¥600
Application	Applications accepted through the Outdoor Activity Center 2 months prior until 2 days prior to use

Direct Bus

Musashino runs a roundtrip bus directly to Nature Village. The fare is ¥4000 for adults and ¥2000 for elementary and middle school aged students. Reservations are first come, first serve and are done at the time of room reservations with the Outdoor Activity Center.

Sports associations etc.	Contact information	
Softball Association	Masahiro Akiyama	080-5089-4190 (weekdays 8:00-9:00pm)
Track & Field Society	Seiji Fujimi	090-2443-6040 (after 5:30pm)
Japanese Archery Association	Yoshiko Hayakawa	54-5527
Judo Association	Kazuhiko Hanakawa	090-3807-7853
Karate Association	Kazuya Mitani	090-1107-0245
Kendo Association	Hideo Saito	090-9818-7198
Soft Tennis Association	Hitoshi Nikaido	080-2063-5635
Ping Pong Association	Mieko Tokuda	51-0284
Badminton Association	Yoko Numajiri	55-2675
Skiing Association	Kanji Takagi	090-27521099 (6:00-9:00pm)
Swimming Association	Tatsue Sato	080-8479-1573
Fishing Association	Kazuo Ootani	44-6885
Mountain Climbing Association	Takashi Obi	090-2622-7058 (6:00-9:00pm)
Skeet Shooting Association	Kenji Sakurai	59-1769
Folk Music & Dance Association	Aiko Kochiya	49-7670
Volleyball Association	Keiko Goto	36-6088
Basketball Association	Katsumi Tsuruta	090-1651-4632
Horseback Riding Association	Yoko Takahashi	042-386-1865 (nights)
Youth Sports Group	Yuko Funahashi	53-2616
Radio Exercise Association	Misako Miyashita	54-3477
Softball Association	Takeji Fujimoto	51-7183
Aikido Association	Atsushi Ogiso	070-3822-6340
Gateball Association	Hatsuo Maejima	41-8708
Social Dance Association	Toshikazu Shimamori	080-6555-2144
Recreation Association	Taka Fujino	22-6010
Soccer Association	Hiroaki Yasuda	090-6027-3254
Tennis Association	Atsushi Utsugi	090-7235-4464

Rifling Association	Hiroshi Nakamura	54-0124
Bowling Association	Katsuo Kurishiro	54-8034 (nights)
Archery Association	Hirohumi Sunaga	090-8302-9375
Indiaca Association	Hisako Ida	55-2201
Target Bird Golf Association	Takekazu Iwata	52-0890
Golf Association	Mitsunobu Okada	090-3239-1080
Martial Arts Tai Chi Association	Yoko Gonda	54-6658
Walking Association	Yoshizo Hasegawa	080-9523-0557
Rugby Association	Ryota Tagawa	090-8877-4492
Dodge Frisbee Association	Masahiko Yasuda	090-1403-2216

Cultural Facilities

Musashino Cultural Organization
Please contact us to reserve your tickets today
Cultural Civic Center (ARTE members) **(54-8822)**
Musashino Cultural Organization ticket hotline **(54-2011)**

Musashino Civic Cultural Center (ARTE)

Nakacho 3-9-11 (54-8822)

Hours: 9:00am-10:00pm, Closure: At the beginning and end of the year and Wednesdays (following day if holiday)

The main hall seats 1,252 guests and can be transformed to meet the needs of various events such as music, dancing, movies, lectures and ceremonies. The smaller auditorium also boasts a great reverberation and has gotten praise from artists all over the world. It is exclusive for instrumental, vocal, chamber and organ music and has a 425 person capacity.

Aside from the main halls, this facility also houses a practice room for artists and an exhibit room for artistical and cultural displays. Additionally, there are meeting and Japanese style rooms including a Kyoto style tea room.

Facility	Date of use	Booking begins	Booking ends
Main Hall & Recital Hall	Feb, Mar the next year	Feb 1 st of current year	3 days before day of use
	Apr, May the next year	Apr 1 st of current year	
	Jun, Jul the next year	Jun 1 st of current year	
	Aug, Sep the next year	Aug 1 st of current year	
	Oct, Nov the next year	Oct 1 st of current year	
	Dec the next year, Jan two years later	Dec 1 st of current year	
Rehearsal room can only be used in conjunction with either hall			
Exhibit room	Year round	The 1 st of the month 6 months prior to use	3 days before day of use
Meeting room	Year round	The first of the month 6 months prior to use	At time of usage
Practice room			
Japanese style room			
Tea room			

*If the first day of reception is on a holiday the following business day will be the first day. If 3 days before the day of use falls on a holiday, then 4 days prior booking is needed.

Usage fees (units in ¥)		Morning	Afternoon	Evening	All day	Capacity / Size
		9:00-12:00pm	1:00-5:00pm	6:00-10:00pm	9:00am-10:00pm	
Main Hall	Weekdays	50,000	108,000	134,000	270,000	1,252
	Weekends/holidays	60,000	129,600	160,800	324,000	
Recital Hall	Weekdays	18,800	40,000	49,400	100,000	425
	Weekends/holidays	22,500	48,000	59,200	120,000	
Exhibit room	Exhibit usage	-	-	-	25,200	347m ²
	Backstage usage	10,100	10,100	10,100	25,200	
	Other usage	10,100	14,500	17,600	36,000	
Rehearsal room 1		1,800	1,800	1,800	5,400	20
Rehearsal room 2		3,200	3,200	3,200	9,600	34
Meeting room1		3,100	4,100	5,100	11,000	34
Meeting room 2		1,700	2,400	3,000	6,300	19
Japanese style room 1		1,100	1,600	1,800	3,800	18m ²
Japanese style room 2		1,100	1,600	1,800	3,800	18m ²
Tea room		1,600	2,400	2,600	5,600	8m ² / 18m ²
Practice room 1		1,000	1,500	2,000	3,800	36
Practice room 2		500	700	1,000	1,800	10
Practice room 3		1,000	1,500	2,000	3,800	36

*Exhibit room is half price for half of the space. Main and Recital Hall space can be used at half price to practice any time aside from day of main performance.

*All rates are doubled for any non-Musashino residents.

Musashino Performing Arts Theater

Nakacho 1-15-10 (55-3500)

Hours: 10:00am-11:00pm, Closure: At the beginning and end of the year and Wednesdays (following day if holiday)

Located just a minute from JR Mitaka Station's North exit. The theater is dually equipped with lighting and sound effects; allowing for a wide range of Japanese music, plays, and traditional arts and seats 154 guests. The hall accommodates 100 and is attuned for paintings, calligraphy, meetings etc.

Facility	Day of use	Booking begins	Booking ends
Theater & Hall	Jul, Aug of current year	Jan 5 th of current year	3 days before day of use
	Sep, Oct of current year	Mar 1 st of current year	
	Nov, Dec of current year	May 1 st of current year	
	Following Jan, Feb	Jul 1 st of current year	
	Following Mar, Apr	Sep 1 st of current year	
	Following May, Jun	Nov 1 st of current year	

*If the first day of reception is on a holiday the following business day will be the first day. If 3 days before the day of use falls on a holiday 4 days prior booking is needed.

Usage fees (units in ¥)	Morning	Afternoon	Evening	All day	Capacity
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		10:00-12:00pm	1:00-5:00pm	6:00-11:00pm	10:00am-11:00pm	
Theater	Weekdays	5,600	16,800	26,600	45,000	154
	Weekends/holidays	6,700	20,100	31,900	54,000	
Hall		2,700	5,600	8,400	15,600	100

The hall is mainly geared towards exhibits. Anyone who uses the hall for paintings, carvings, ceramics, calligraphy, photography, flower arrangement or industrial arts will receive a 30% discount. The theater can be used at half price to practice any time aside from the day of the main performance.

*All rates are doubled for any non-Musashino residents.

Katarai No Michi Civic Space

Nakacho 1-11-6 Musashino, Towers Sky Close Tower F1 (50-0082)

Open: 9:00am-10:00pm, Closure: At the beginning and end of the year and Wednesdays (following day if holiday)

This multipurpose facility has internet and two meeting rooms that can be used together or separately for meetings or exhibits and is located just 3 minutes from the North exit of JR Mitaka Station.

	Day of use	Booking begins	Booking ends
Meeting room 1 & 2	Jul, Aug of current year	Jan 5 th of current year	The day before use
	Sep, Oct of current year	Mar 1 st of current year	
	Nov, Dec of current year	May 1 st of current year	
	Following Jan, Feb	Jul 1 st of current year	
	Following Mar, Apr	Sep 1 st of current year	
	Following May, Jun	Nov 1 st of current year	

*If booking begins on a holiday it will start the next day. If the booking ends on a holiday you need to book two days in advance.

Usage fees (units in ¥)	Morning	Afternoon	Evening	All day	Capacity
	9:00-12:00pm	1:00-5:00pm	6:00-10:00pm	9:00am-10:00pm	
Meeting room 1	1,500	2,200	3,000	6,000	27
Meeting room 2	1,500	2,200	3,000	6,000	27
Both meeting rooms	3,000	4,400	6,000	12,000	54

Anyone who uses the hall for paintings, carvings, ceramics, calligraphy, photography, flower arrangement or industrial arts will receive a 30% discount.

*All rates are doubled for any non-Musashino residents.

Musashino Public Hall

Kichijoji Minamicho 1-6-22 (46-5121)

Open 9:00am-10:00pm, Closure: At the beginning and end of the year and Mondays (following day if holiday)

This hall is large enough to seat 350 guests and can be used for meetings or music. Other meeting and Japanese rooms can be used for various purposes. Conveniently located just a short walk from JR Kichijoji Station's South exit.

	Day of use	Booking begins	Booking ends
Main hall, meeting rooms and Japanese rooms	July of current year	First Wed in Jan	3 days before use of main hall, all other facilities on the day of use
	August of current year	First Wed in Feb	
	September of current year	First Wed in Mar	
	October of current year	First Wed in Apr	

	November of current year	First Wed in May	
	December of current year	First Wed in Jun	
	January of following year	First Wed in Jul	
	February of following year	First Wed in Aug	
	March of following year	First Wed in Sep	
	April of following year	First Wed in Oct	
	May of following year	First Wed in Nov	
	June of following year	First Wed in Dec	

*If booking begins on a holiday it will start the next day. If the booking ends on a holiday you need to book four days in advance.

Usage fees (units in ¥)		Morning	Afternoon	Evening	All day	Capacity
		9:00-12:00pm	1:00-5:00pm	6:00-10:00pm	9:00am-10:00pm	
Main hall	Weekdays	11,800	20,000	28,000	52,000	350
	Other	18,700	30,000	37,500	75,000	
Meeting room 1		2,300	3,300	4,300	8,500	45
Meeting room 2		2,300	3,300	4,300	8,500	45
Meeting room 1 & 2		4,600	6,600	8,600	17,000	108
Meeting room 3		2,300	3,300	4,300	8,500	45
Meeting room 4		2,300	3,300	4,300	8,500	45
Meeting room 5		1,200	2,000	2,900	5,400	24
Meeting room 6		2,300	3,000	3,800	8,000	18
Japanese style room 1		1,800	2,500	3,200	6,500	20
Japanese style room 2		1,800	2,500	3,200	6,500	25

*The stage of main hall can be used at half price to practice any time aside from day of main performance.

*All rates are doubled for any non-Musashino residents.

Kichijoji Theater

Kichijoji Honcho 1-33-22 (22-0911)

Open: 9:00am-10:30pm, Closure: At the beginning and end of the year and last Tuesday of each month (following day if holiday)

The theater is a great spot for any types of plays or dancing etc. and is dark to allow for scene changing. There is also a practice room with sound proofing and a piano; perfect for dance, choir, musical rehearsals and lectures etc.

Purpose of use	Facility	Booking deadline/period	Day of use
Usage for 5+ days with performance	Theater or theater and practice room	Feb 1-10 th of the current year	Jun, Jul the next year
		Apr 1-10 th of the current year	Aug, Sep the next year
		Jun 1-10 th of the current year	Oct, Nov the next year
		Aug 1-10 th of the current year	Dec the next year, Jan two years later
		Oct 1-10 th of the current year	Feb, Mar two years later
		Dec 1-10 th of the current year	Apr, May two years later
Usage for less than 5 days with performance	Theater or theater and practice room	Feb 1 st - 3 days prior	Feb, Mar the next year
		Apr 1 st - 3 days prior	Apr, May the next year
		Jun 1 st - 3 days prior	Jun, Jul the next year
		Aug 1 st - 3 days prior	Aug, Sep the next year
		Oct 1 st - 3 days prior	Oct, Nov the next year

		Dec 1 st - 3 days prior	Dec the next year, Jan two years later
Use stage for play, but no performance	Theater	The first of the month 6 months prior to 3 days before	
	Practice room	The first of the month 6 months prior to day before	
Use stage for other purposes, but no performance	Theater	The first of the month 3 months prior to 3 days before	
	Practice room	The first of the month 3 months prior to day before	

*All booking must be done in person. Over 5 days of usage accompanying a performance is 20% off. If first booking day is a holiday it will begin the next day. If 3 days before is a holiday, you must book 4 days prior.

Usage fees (units in ¥)		Morning	Afternoon	Evening	All day	Capacity / Size
		9:00-12:00pm	1:00-5:00pm	6:00-10:30pm	9:00am-10:30pm	
Theater	Weekdays	16,000	32,000	40,000	80,000	189-239
	Other	20,000	40,000	50,000	100,000	
Practice room		2,400	4,800	6,000	12,000	about 77m ²

*The stage of the theater can be used at half price to practice any time aside from day of main performance.

*All rates are doubled for any non-Musashino residents.

Kichijoji Art Museum

Kichijoji Honcho 1-8-16, F&F Building 7F (22-0385)

Open: 10:00am-7:30pm, Closure: At the beginning and end of the year, the last Wednesday of each month and when time is needed to change exhibits etc.

Entry fee ¥100 for Josetsu ticket (limited access). ¥300 for Kikaku ticket (full access). Middle schoolers ¥100.

Elementary school students or younger, senior citizens over 65 and those with handicaps enter free.

Aside from the main exhibit room with Japanese and oil paintings, woodblock carvings, writings, photography etc. there are also anniversary exhibits featuring world-renown artists such as copperplate engraver Yozo Hamaguchi and woodblock engraver Hideo Hagiwara.

Civilian gallery

Citizens are able to use the main exhibit room March, July, and November for a fee. Please inquire directly.

Facility (units in ¥)	1 day	6 days	Size	Time
Gallery A	10,000	60,000	73.8m ²	10:00am-7:30pm
Gallery B	10,000	60,000	73.8m ²	
Both galleries	20,000	120,000	147.6m ²	

Music room

Civilian groups can book starting the first day of the month 6 months prior until the day before use. All others can book starting the first day of the month 2 months prior until the day before use.

Usage fees (units in ¥)	Morning	Afternoon	Evening	All day	Capacity
	9:00-12:00pm	1:00-4:30pm	5:30-9:00pm	9:00am-9:00pm	
Music room	3,800	5,600	7,500	15,000	90

*50% discount for musical rehearsals. If the first booking day is a holiday the booking will begin the next day. If the day before is a holiday the booking deadline is 2 days before. Some instruments are not permitted.

*All rates are doubled for any non-Musashino residents.

Musashino Swing Hall

Sakai 2-14-1 (54-1313)

Open: 9:00am-10:00pm, Closure: At the beginning and end of the year and Mondays (following day if holiday)

This hall is the culture headquarters of Musashisakai, seats 180 and is equipped with acoustics in mind; perfect for jazz and rock music concerts. The seats can be stowed away to allow for dancing etc. Reception is located in the neighboring Swing Building on the 11th floor. Exhibition space is available on the 10th floor.

Day of use	Booking begins	Booking ends
Jul of the current year	Jan 5 th	Swing Hall and Rainbow Salon ends 3 days before day of use, Sky Room ends the day of use
Aug of the current year	Feb 5 th	
Sep of the current year	Mar 5 th	
Oct of the current year	Apr 5 th	
Nov of the current year	May 5 th	
Dec of the current year	Jun 5 th	
Following Jan	Jul 5 th	
Following Feb	Aug 5 th	
Following Mar	Sep 5 th	
Following Apr	Oct 5 th	
Following May	Nov 5 th	
Following Jun	Dec 5 th	

*If booking begins on a holiday, then booking will begin the next day instead. If the booking deadline is a holiday, then booking will begin the day before.

Usage fees (units in ¥)		Morning	Afternoon	Evening	All day	Capacity
		9:00-12:00pm	1:00-5:00pm	6:00-10:00pm	9:00am-10:00pm	
Swing Hall	Weekdays	10,500	19,000	22,000	47,000	180
	Other	12,000	22,000	26,000	55,000	
Sky room 1		3,000	4,500	6,000	12,000	40
Sky room 2		3,000	4,500	6,000	12,000	40
Sky room 3		3,000	4,500	6,000	12,000	34
All Sky rooms		9,000	13,500	18,000	36,000	114
Rainbow Salon A		6,000	10,000	13,000	27,000	60-100
Rainbow Salon B		9,000	15,000	20,000	40,000	100-150
Both Rainbow Salons		15,000	25,000	33,000	67,000	160-300

*Using Swing Hall for practice other than the day of use is 50% off. Anyone who uses Sky room for paintings, carvings, ceramics, calligraphy, photography, flower arrangement or industrial arts will receive a 30% discount.

*All rates are doubled for any non-Musashino residents.

Shoroan (teahouse)

Sakurazutsumi 1-4-22 (in Furuse Park) (36-8350)

Open: 9:00-5:00pm, Closure: At the beginning and end of the year and Wednesdays (following day if holiday)

A small wooden house built at the onset of the Showa era and transformed into a teahouse with three separate rooms of 3, 6 and 8 tatami mats. Used for tea ceremony, flower arrangement and a wide variety of poetry and other traditional arts.

Purpose of use	Booking begins	Booking ends
Tea ceremony	The 10 th of 6 months prior	The day before the day of use
Other	The 10 th of 3 months prior	

*If booking begins on a holiday booking will begin the next day. If the booking deadline is a holiday booking will begin the day before.

Usage fees (units in ¥)	Morning	Afternoon	All day
	9:00-12:00pm	1:00-5:00pm	9:00-5:00pm
Shoroan	2,000	3,000	4,000

Musashino Civic Hall

Sakai 2-3-7 (51-9144)

Open: 9:00am-10:00pm, Closure: At the beginning and end of the year and Thursdays

With the purpose of focusing on social studies, this center offers many rooms for various purposes. The building is located just 5 minutes from Musashisakai Station on foot.

Usage fees (units in ¥)	Daytime	Afternoon	Evening	All day	Capacity
	9:00-12:00pm	1:00-5:00pm	6:00-10:00pm	9:00am-10:00pm	
Lesson	1,000	1,400	1,600	3,200	45
Learning 1	800	1,200	1,400	2,800	30
Learning 2	800	1,200	1,400	2,800	30
Meeting 1	800	1,200	1,400	2,800	12
Multipurpose	800	1,200	1,400	2,800	28
Japanese 1	800	1,200	1,400	2,800	21
Japanese 2	600	800	1,000	2,000	15
Art	1,000	1,400	1,600	3,200	30
Cooking	1,000	1,400	1,600	3,200	24
Music	1,000	1,400	1,600	3,200	44
Meeting 2	1,800	2,400	3,000	6,000	90

*Any registered social studies groups get 50% off.

Gender Equality Center

Located in Civic hall F1 (37-3410)

Open: 9:00am-10:00pm, Closure: At the beginning and end of the year and Thursdays.

Founded in 1998, this center promotes equal opportunity regardless of gender. This center provides various exchanges and learning support. The center is open to all so please feel free to contact us with any inquiries.

- Library available to browse or check out books and other publications.
- Small lounge available for chatting or study. No eating permitted. (8 person capacity).
- Corner for municipal and group announcements.
- Free confidential counseling for women held in private meeting areas for issues such as domestic violence, mental health, relationship issues etc.

Usage fees (units in ¥)	Daytime	Afternoon	Evening	All day	Capacity
	9:00-12:00pm	1:00-5:00pm	6:00-10:00pm	9:00am-10:00pm	

Meeting room	800	1,200	1,400	2,800	38
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*Reservations begin the 20th of 2 months prior. Registered groups get priority booking and discounted rates. Please inquire for additional details.

Registered Groups working for gender equality have access to the following services:

Printing: ¥50 to burn each image and ¥50 for every 100 copies (paper not available).

Lockers: Storage for any materials needed for activities.

Subsidy: For gender equality promotion groups meeting certain conditions.

Community centers

These act as a base of operations for community activities and a source of various information. During disasters they transmit vital information. The centers have various events, courses, community planning meetings etc. Musashino's community centers are for citizens and run by citizens. Anyone may take part in any event or planning. Funeral services may only be used at the community center for the area you live.

Kichijoji Area

Center	Closure	Address	Bookable rooms	Facilities
	Hours	Phone number	Free use rooms	
Kichijoji Higashi	4 th Wed of month	Kichijoji Higashicho 1-12-6	3	piano, lobby, child room
	9:30-9:30pm	21-4141	1	
Honjuku	Thu	Kichijoji Higashicho 3-25-2	6	elevator, piano, lobby, study room, child room, cooking room, funeral services
	9:00-9:00pm	22-0763	3	
Kichijoji Minamicho	2,4, 5 th Wed	Kichijoji Minamicho 3-13-1	8	elevator, piano, lobby, study room, child room, cooking room, tea room, funeral services
	9:30-9:30pm	43-6372	6	
Gotenyama	Mon	Gotenyama 1-5-11	5	lobby, study room, tea room, funeral services
	9:00-9:00pm	48-9309	2	
Honcho	Sun	Kichijoji Honcho 1-22-2	5	lobby, tea room
	9:30-9:30pm	22-7002	1	
Kichijoji Nishi	Thu	Kichijoji Honcho 3-20-17	6	elevator, piano, lobby, study room, tea room, funeral services
	9:00-9:00pm	55-3297	4	
Kichijoji Nishi Annex	Thu	Kichijoji Honcho 4-10-7	1	
	10:00-10:00pm	55-3297	0	
Kichijoji Kita	Mon	Kichijoji Kitamachi 1-22-10	7	elevator, piano, lobby, study room, cooking room, tea room, exercise room, funeral services
	9:00-9:00pm	22-7006	4	

Chuo Area

Center	Closure	Address	Bookable rooms	Facilities
	Hours	Phone number	Free use rooms	
Keyaki	Wed	Kichijoji Kitamachi 5-6-19	7	piano, lobby, study room, child room, cooking room, craft room, funeral services
	9:30-9:30pm	54-8719	3	

Chuo	Wed	Nakacho 3-5-17	8	stair lift, piano, lobby, study room, cooking room, tea room
	9:30-9:30pm	53-3934	2	
Nakacho	Wed	Nakacho 1-28-5	3	funeral services
	9:30-9:30pm	53-2251	0	
Nishikubo	3 rd Mon	Nishikubo 1-23-7	10	elevator, piano, lobby, study room, child room, cooking room, tea room, funeral services
	9:30-9:30pm	54-8990	4	
Midoricho	Mon	Midoricho 3-1-17	5	elevator, piano, lobby, study room, cooking room, funeral services
	9:30-9:30pm	53-6954	3	
Yahatacho	Tue	Yahatacho 3-3-16	6	elevator, piano, lobby, study room, child room, cooking room, funeral services
	9:00-9:00pm	54-0169	2	
Musashino Chuo Park Kita Hall	Mon	Yahatacho 2-5-3	3	cooking room, exercise room
	9:00-9:00	56-0055	0	
Sekimae	Thu	Sekimae 2-26-10	5	elevator, piano, lobby, study room
	9:30-9:30pm	51-0206	3	
Sekimae Annex	Thu	Sekimae 3-16-6	3	funeral services
	9:30-9:30pm	51-0206	0	

Musashisakai Area

Center	Closure	Address	Bookable rooms	Facilities
	Hours	Phone number	Free use rooms	
Seibu	Thu	Sakai 5-6-20	12	elevator, piano, lobby, study room, cooking room, tea room, exercise room
	9:30-9:30pm	56-2888	3	
Kyonan	1,3,5 th Fri	Kyonancho 3-22-9	9	elevator, piano, lobby, study room, child room, cooking room, tea room, exercise room, funeral services
	9:30-9:30pm	32-8565	5	
Sakurazutsumi	Tue	Sakurazutsumi 3-3-11	4	child room, funeral services
	9:00-9:00pm	53-5311	2	

Civic Activities Promotion Section

City hall, West wing, floor 7 (60-1809)

Open: 8:30-5:00pm, Closure: At the beginning and end of the year, weekends and holidays

Information disclosure

A service to consult with citizens and disclose personal or administrative information upon request as well as provide information on personal information protection laws.

Reference materials

We have a reference section where anyone may come freely to browse or purchase various publications ranging from city to Tokyo to national laws and ordinances etc. Local newspapers and publications also available.

Copying service

- Black and white: ¥10 per copy (A3-B5 size)
- Color: ¥30 per copy (A3-B5 size)

Children & Family Support

Child allowance

Children & Family Support Center (60-1852)

Subsidy to help raise children. Restrictions based on age and income.

Infant and child medical card subsidy

Children & Family Support Center (60-1852)

This subsidy is for any child who has not yet graduated middle school, is registered in Musashino and enrolled in national health insurance. There are no income restrictions and it lowers copayment for children's medical exams. It may be used until the end of the fiscal year the child turns 15. New cards are issued October 1st each year and are subsequently valid for one year.

	Child allowance/ special benefit	Child raising allowance (govt.)	Child raising allowance (Tokyo)
Eligibility	Anyone raising a child who has not yet completed middle school.	A single parent whose spouse passed away, got divorced etc. and is supporting child alone (also includes parents with a level 1-2 physical handicap).	A single parent whose spouse passed away, got divorced etc. and is supporting child alone (also includes parents with a level 1-2 physical handicap).
Monthly amount	¥15,000 for children under 3, ¥10,000 for 3 years of age to old-elementary school graduation (¥15,000 for 3 or more children under 18), ¥10,000 for middle school students and a ¥5000 flat rate for anyone over income cap	1st child: ¥9,980-42,290 *2nd child additional ¥5,000-9,990 *Third and subsequent children each an additional ¥3,000-5,990 (*Is based on income and calculated in 10 yen increments.)	¥13,500 per child
Months paid	Oct, Feb, Jun	Dec, Apr, Aug	Oct, Feb, Jun
Income restrictions	Yes	Yes	Yes
Age restrictions	Until finished middle school (until the end of the fiscal year child is 15)	Until the end of the fiscal year child is 18 (less than 20 for certain handicaps)	Until the end of the fiscal year child is 18
Other restrictions	Entry into select facilities	Entry into select facilities	Entry into select facilities
Follow up review	Status report every June	Status report every August	Status report every June

*Legal revisions every year alter allowance rates. See handicap section for additional benefits.

Single Parent Household Support

Medical subsidy

Children & Family Support Center (60-1963)

Single parents and their child will have their medical copayments either fully or partially subsidized until the end of the fiscal year in which a child is 18 years of age (20 for certain health conditions). Income restrictions apply.

Housing subsidy

Children & Family Support Center (60-1963)

Musashino subsidizes part of the rent for single parent households up to ¥10,000 a month so long as they are burdening the rent themselves, the apartment is not a government owned apartment, the child is under 20 years of age and have lived in Musashino for at least 6 months. Income restrictions apply.

Job support

Mother's Hello Work (Tokyo) (03-3409-8609)

Single Parent Household Support Center Tokyo Govt. Tower F7 (03-3263-3451)

Hello Work (Mitaka) (47-8609)

Other benefits

JR commuter pass discount

Children & Family Support Center (60-1963)

Water & sewer partial discount

Children & Family Support Center (60-1963)

Free city bus commuter pass

Social Welfare Section for the Disabled (60-1904)

Trash bag discount coupons

Waste Management Department (60-1802)

Child Support Services & Facilities

Children & Family Support Center (60-1850)

The Children and Family Support Center was established as a place to protect and support raising children in a multi-faceted approach catering to single parents as well as households with both parents.

General child raising counseling & abuse reporting

We give counseling on every type of household related issue and also strive to stop abuse at an early stage or prevent it entirely. Aside from national holidays and the end of the year, we have a non-appointment counseling system.

Phone counseling: (55-9002, 0120-839-002) (Mon-Sat 8:30-10:00pm)

Home visit counseling: (Mon-Fri 8:30-5:00pm)

In Person Counseling: (Mon-Fri 8:30-5:00pm)

Pre/post birth helpers

We dispatch helpers to assist with child raising and chores due to illness etc. for mothers who are finding it difficult to do it on their own.

Usage limitations

Mothers with a normal birth may use the service for up to 90 days after birth and having received their Mother & Child Health Handbook for a total of 80 hours (mothers with multiple conceptions up to 1 year and 120 hours).

Temporary overnight childcare

Children & Family Support Center (60-1850)

We provide short term overnight stays if for some reason due to fatigue, elderly care etc. one is unable to attend to their child. Must live in Musashino and child must be over 2 and not yet have graduated elementary school. May use up to 7 nights. Stay includes meals, bathing, sleep etc. Fee based usage, but reductions available

Single parent & women's counseling

Children & Family Support Center (60-1850)

Single parent household & women's counseling

Counseling support for single parent families and women related to living and work etc.

Single parent household support

Household helpers for single parent households needing daily support due to work etc. Copayment may be required based on income bracket.

Single parent/women's welfare loans

Loan to help support a child's education for single parents and widows.

Pursuit of Knowledge Subsidy

Subsidy to help people become independent and gain trade specific skills to help them excel.

Special child raising allowance

Children and Family Support Center (60-1963)

Special child raising allowance (tokubetsu jido fuyo teate) is for anyone raising a child with a heavy or moderate handicap and under 20 years of age (income restrictions apply). Level 1 allowance is ¥51,450 a month and is for anyone with a level 1-2 physical or intellectual handicap handbook. Level 2 is ¥34,270 a month and is for anyone with a physical handicap level 3-4 (only part of level 4), an intellectual handicap level 3 or an internal, mental or growth handicap deemed to be equivalent to the above statuses.

Child raising allowance

Children and Family Support Center (60-1963)

Child raising allowance (jido ikusei teate) is for anyone raising a child under 20 years of age that has a physical handicap level 1-2, intellectual handicap level 1-3 or has progressive muscular atrophy or cerebral palsy. ¥15,500 a month. Income restrictions apply.

Daycare Centers & Services

Ninka certified daycares

Child Raising Support Section (60-1854)

If a child's guardian is working, falls sick, gives birth, is giving care to the elderly etc. they are eligible to utilize a daycare center, however, the parents will be rated based on their conditions such as working hours etc. to determine eligibility.

Pediatric certified nurses

Child Raising Support Section (60-1854)

Certified pediatric nurses can make house visits or nurse children in a small scale daycare facility for infants up to 2 years of age. For more information please contact us.

Daycare Name	Category	Address	Phone number
Minami Daycare	city run	Kichijoji Minamicho 3-6-15	48-1501
Sakai Daycare	city run	Sakai 4-11-3	53-1783
Kyonan Daycare	city run	Kyonancho 5-1-1	32-2443
Kichijoji Daycare	city run	Kichijoji Kitamachi 5-11-51	51-5206
Musashino Sekijyuji Daycare	private	Nakacho 3-25-7	52-3298
Nishikubo Daycare	private	Nishikubo 2-18-6	51-5307
Seika Daycare 1	private	Nakacho 2-31-8	54-3854
Fujinomi Daycare	private	Midoricho 3-4-3	55-2525
Arinko Daycare	private	Nishikubo 1-11-10	54-1356
Seika Daycare 2	private	Nishikubo 2-15-3	38-7352
Machi no Daycare Kichijoji	private	Kichijoji Honcho 3-27-13	38-8260
Nichii Kids Musashino Yahata Daycare	private	Yahatacho 1-2-25	60-2015
Musashisakai Kosumo Daycare	private	Sakai 1-20-5	55-8686
Global Kids Musashisakai Daycare	private	Kyonancho 4-2-19	51-2242
Kids Garden Musashino Sekimae	private	Sekimae 3-4-11 Abitashion Musashino 1F	38-6867
*Kyonan Sumire Daycare	private	Kyonancho 1-21	not yet available
*Uizu Kichijoji Daycare 1	private	Kichijoji Honcho 2-35-12	not yet available
*Uizu Kichijoji Daycare 2	private	Kichijoji Honcho 2-23	not yet available
*Mamii Kichijoji East Daycare	private	Kichijoji Higashicho 3-1	not yet available
*Himawari Daycare	private	Sakai 4-7	not yet available
Senkawa Daycare	Musashino Kids Society	Yahatacho 1-4-13	51-8478
Kitamachi Daycare	Musashino Kids Society	Kichijoji Kitamachi 1-23-17	21-6681
Sakurazutsumi Daycare	Musashino Kids Society	Sakurazutsumi 2-1-27	52-4671
Higashi Daycare	Musashino Kids Society	Kichijoji Higashicho 3-28-3	21-2495
Kyonan Daycare 2	Musashino Kids Society	Kyonancho 2-20-17	32-8167

*Available starting April 1st, 2018

Nintei certified daycare centers

Child Raising Support Section (60-1854)

These centers provide comprehensive services for children before entering school. The Child Raising Support Section will determine who enters these facilities based on a rating system. The system is broken into 3 levels. Levels 2-3 are children needing nursing and ages 0-5. Level 2 is for children under 3 years of age and level 3 is for children 3 or older.

Level 1 is for children ages 3-5 and daycare is coupled with education. You must apply directly to the facility for level 1 for children who do not require daycare.

Nintei certified daycare	Category	Address	Phone number
Sakai Kodomoen	Musashino Kids Society	Sakai 4-11-6	53-2312

Small scale daycare	Address	Phone number
Himawari Daycare Midori	Midoricho 2-3 Midoricho Parktown B8-104	27-7019
Himawari Daycare Sakura	Sakurazutsumi 1-2 Sun Valley Sakurazutsumi 14-103	27-7164
Donguri Daycare	Sakurazutsumi 1-2 Sun Valley Sakurazutsumi 19-101	52-9622
Kichijoji Minamicho Sumire Daycare	Kichijoji Minamicho 3-6-2 Abitashion 1F	26-6329
Miraie Daycare Kichijoji	Kichijoji Honcho 2-4-14 Kichijoji Daiichi Hotel 1F	27-6726
Emuzu Nursery Hidamari room Musashi Sakai	Kyonancho 3-14-6 Yamamomo Building 1F	34-8600
Karugamo Daycare	Sakai 5-18-10	52-6555
Sukusuku Izumi Izumi no Ouchi	Kichijoji Honcho 3-27-17	77-0213
Miraie Daycare South Kichijoji	Kichijoji Minamicho 2-17-2 Riira Minamicho1F	27-6726
Hikari Daycare Musashisakai	Sakai 2-8-3 Ooya Clinic 2F	38-7401
Mommy Popura Daycare	Nakacho 1-32-1 1F	38-8377
Child Home Musashisakai	Kyonancho 5-6-23 Crest Musashino 101	26-4722
Karugamo Daycare 2	Sakurazutsumi 1-2 Sanvarie Sakurazutsumi 15-103	56-8766
*Tokotoko Daycare Minna No Tokotoko	Sekimae 4-17-10 Yuriika Mansion 1F	not yet available

*Available starting April 1st, 2018

Household daycare	Address	Phone number
Kayoko Banba	Kyonancho 5-5-5	30-1359
Akemi Tatsuzawa	Sakai 5-7-2-104	080-5441-8000
Kasumi Suzuki	Yahatacho 3-5-9-105	37-5772
Yukiko Hashimoto	Kichijoji Minamicho 1-32-5	080-4187-2359
Yoshiko Koizumi	Nakacho 2-6-2-101	53-7909
Kiyoko Sato	Nishikubo 3-9-12 Kinomi Heights 102	090-5397-8930
Emi Yorinaga	Sekimae 4-1-12 Pearl Heights 205	080-4117-4918

Company daycare facilities

Based on the Child Welfare Act, these are programs that have been certified by each municipality's criterion. Geared towards children up to 2 years of age, children will join daycare facilities in local companies.

Company daycare	Address	Phone number
Berii Room	Sekimae 1-2-20 Toraifu Musashino Special Nursing Home	38-5260

Group daycare

A special Musashino program in which those with child raising certifications hold group daycare in a house or apartment. Musashino has decided on criterion and any programs meeting these will help to combat the growing daycare shortages.

*Please inquire directly for more detailed information.

Group daycare	Address	Phone number
Mommy North Kichijoji Daycare	Kichijoji Kitamachi 1-10-2 Granz Building 1F	27-6422
Majio Tanpopo Daycare Kichijoji	Kichijoji Honcho 2-10-5 Miyoshi Building 4F	27-2870

Ninsho certified daycares

Child Raising Support Section (60-1854)

In order to provide flexible needs for daycare the Tokyo government has certified facilities in front of stations that are available over 13 hours a day. You must inquire directly in order to enter these facilities.

Ninsho certified daycare	Address	Phone number
Musashino Puchi Kureishu	Kyonancho 2-11-22 Daiichi Hisho Building 2F	33-4400
Kazenoko Daycare	Sakai 1-16-34 Greenheim Musashino 1,2F	55-9872
Sumire Daycare	Kichijoji Higashicho 2-6-2	20-6640
Poppins Nursery School Musashino	Nakacho 3-6-1	50-2125
Kappanoie Daycare	Kichijoji Honcho 2-17-4	23-5960
Mamma Musashino Daycare	Nakacho 2-5-22 Face Mitaka 1,2F	53-6860
Poppins Nursery School Kichijoji	Kichijoji Minamicho 1-6-3 Kichijoji Tokyu REI Hotel 2F	70-2171
Musashisakai Sumire Daycare	Sakai 1-17-16 Grace Flat Sakai 1F	38-9292
Poppins Nursery School Musashino Towers	Nakacho1-12-10 Musashino Towers Sky Gate Tower Towers Mall 5F	60-2180
Global Kids Cottonier Kichijoji Daycare	Kichijoji Minamicho 5-15-10	21-3355
Nissei Kichijoji Daycare Hibiki	Kichijoji Honcho 2-10-5 Sankei Building 2F	27-1457
Nakacho Sumire Daycare	Nakacho 2-5-5 Croft Cottage 1F	38-6220
Poppins Nursery School Musashisakai	Sakai 1-2-22 Buririanto Palace 1F	38-6731
Pinokio Yojisha Kichijoji Daycare	Kichijoji Honcho 4-10-9 Twin Leaves 1F	28-5570
Mukumuku Mirai	Kichijoji Kitamachi 4-13-5 Kichijoji Kitamachi Haimu 103	90-6484
*Pinokio Daycare Kichijoji 2	Kichijoji Honcho 4-10-10 Daishin Kichijoji Building 3F	not yet available

*Available starting April 1st, 2018

Subsidy for entering non-ninka certified daycare facilities

Child Raising Support Section (60-1854)

Subsidy available for city residents sending their children to Tokyo government certified daycares or group daycares. This is for guardians that are sick or are working etc. and have signed a 160 hour plus monthly or a yearly contract for childcare. The subsidy amount is ¥0-50,000 and is determined by your municipal tax bracket.

Emergency temporary daycare

Child Raising Support Section (60-1854)

For guardians who have fallen ill or for some extenuating circumstances are unable to care of their child. For children who is 6 weeks of age to those who have not yet entered elementary school.

Temporary daycare

Child Raising Support Section (60-1854)

For guardians who for various reasons are temporarily unable to take care of the child during the daytime. (Maximum 3 usages per week via registration) Available for children 3 months of age to those who have not yet entered elementary school, are healthy and are ok in a group environment. Available weekdays 9:00am-5:00pm.

Temporary daycare	Category	Address	Phone number
Minami Daycare	city run	Kichijoji Minamicho 3-6-15	070-5459-7057
Nishikubo Daycare	private	Nishikubo 2-18-6	51-5307
Seika Daycare 2	private	Nishikubo 2-15-3	38-7352
Sakurazutsumi Daycare	Musashino Kids Society	Sakurazutsumi 2-1-27	090-3149-9022
Kyonan Daycare 2	Musashino Kids Society	Kyonancho 2-20-17	090-3149-3980
Kitamachi Daycare	Musashino Kids Society	Kichijoji Kitamachi 1-23-17	070-2810-8924

Temporary daycare usage fees	
Under 2 hours	¥1000
2-4 hours	¥2000
4-6 hours	¥3000
6-8 hours	¥4000
Lunch	¥300
New registration	¥500

*Excluding Nishikubo Dyacare

Temporary daycare Sukusuku Izumi

Sukusuku Izumi (77-0213)

Sukusuku Izumi provides early morning, late night, emergency and overnight services. If you need a refresher or need to get something done you can drop you child off (1+ hours). Please contact the facility directly with inquiries.

Daycare for children with an illness or post-illness

For children that are sick of have gotten over a sickness, but are still unable to go to school or a regular daycare may enter on a registration basis. Must live in Musashino and be 6 months old to not having graduated 3rd grade. Please contact facilities directly with inquiries.

Sickness recovery daycare	Address	Phone number
Post-sickness Daycare Raporu	Nishikubo 2-1-10 Honchu Building 2F	56-0910
Sickness/Post-sickness Daycare Puchi Anzu	Kyonancho 4-2-27 (couple with Anzu Clinic)	50-9774

Daycare Support and Kindergartens

Daycare regional support program

Child Raising Support Section (60-1854)

We offer the following support programs for those who are raising children or expecting mothers: Baby Plaza, Pre-Mama Plaza, opening of school building and playground of private kindergartens and other seasonal events. Please contact the Child Raising Support Section or the proper facility with any inquiries.

Kindergarten registration

Child Raising Support Section (60-1854)

There are 12 private kindergartens in Musashino. Please contact them directly with any inquiries.

Subsidies for those sending their children to kindergarten:

- ① Shukuen Shoreihi subsidy
- ② Hoikuryo subsidy - Issued based on municipal tax criterion.
- ③ Nyuenryo subsidy - ¥30,000 per child entering.

Private kindergarten events

The following private kindergartens hold events for children and their guardians to allow kids to experience group play as well as being an exchange for those raising children.

Kindergarten name	Address	Phone number
Kashinomi	Kichijoji Higashicho 4-7-2	22-0788
Musashino Soai	Kichijoji Minamicho 2-31-4	43-5260
Sumire	Kichijoji Honcho 2-32-10	22-2701
Musashino Chuo	Kichijoji Kitamachi 4-5-13	52-1136
Musashino Chuo 2	Kichijoji Kitamachi 4-4-34	52-1136
Keyaki	Nishikubo 1-49-4	52-2186
Seisen	Nishikubo 3-13-5	53-3374
Miyama	Midoricho 1-6-22	51-6029
Musashino Higashi 1	Sekimae 3-29-8	51-3640
Musashino Higashi 2	Sekimae 3-37-10	53-4367
Eiko no Sono	Sakai 1-11-6	54-1200
Shotoku	Kyonancho 2-11-8	31-3839

Child raising support

Various community centers offer a place for guardians and children of ages 0-5 to freely gather and chat, exchange ideas and allow children to play together. In addition, classes for child raising, a child raising festival, volunteer child raising groups and other child raising support is available.

0123 facilities

Children from the ages of 0-3 and their guardians may come freely to play. Staff is also available to assist with any child raising issues. There are also children's classes based on age, seasonal events and training and lectures for adults.

Sukusuku Izumi

In order to cope with diversifying needs, this facility handles temporary and small-scale daycare and playgroups as well as acting as a hub for guardian and child interaction.

Play group (Tue-Sat 10:00-4:00pm)

A place for guardians and children to freely gather and take part in various activities.

Temporary child care (Mon-Sat)

A service to temporarily relieve you of watching your child in order to get something done or just have a refresher. Stays must be from 1-6 hours and can be done in the morning, at night, overnight or for any emergencies.

Small-scale daycare (Mon-Fri 7:30am-7:00pm)

A daycare that is for children of ages 0-2 and is for up to 10 children. The smaller capacity allows for child raisers to give each child more attention and an overall better experience.

Clubs & Activities

School clubs

Clubs are only available after school for children in 1st through 3rd grade and who lack parental supervision at the time. Fee based. Snacks available.

Club name	School name	Address	Phone
1 st Elementary Kids Club	1 st Elementary	Kichijoji Honcho 4-17-16	21-3225
2 nd Elementary Kids Club	2 nd Elementary	Sakai 4-2-15	51-5815
3 rd Elementary Kids Club	3 rd Elementary	Kichijoji Minamicho 2-35-6	45-5323
4 th Elementary Kids Club	4 th Elementary	Kichijoji Kitamachi 2-4-5	22-4398
5 th Elementary Kids Club	5 th Elementary	Sekimae 3-2-20	53-3740
Onoden Elementary Kids Club	Onoden Elementary	Kichijoji Kitamachi 4-11-37	54-1900
Kyonan Elementary Kids Club	Kyonan Elementary	Kyonancho 2-27-18	31-4588
Honjuku Elementary Kids Club	Honjuku Elementary	Kichijoji Higashicho 4-1-9	21-6555
Senkawa Elementary Kids Club	Senkawa Elementary	Yahatacho 3-5-25	53-2248
Inokashira Elementary Kids Club	Inokashira Elementary	Kichijoji Honcho 3-27-19	54-9333
Sekimaeminami Elementary Kids Club	Sekimaeminami Elementary	Sekimae 3-37-24	53-4551
Sakurano Elementary Kids Club	Sakurano Elementary	Sakurazutsumi 1-8-19	53-3404

Asobee

Youth Affairs Section (60-1853)

Asobee is based on the philosophy of the community as a whole raising each child and aims to provide a fulfilling experience for all children after school. Using the facilities in the early morning, after school or on Saturdays gives the children a place to interact with children of different ages. The classrooms, schoolyards and libraries of all 12 municipal elementary schools are open for use. Each school is to be used by enrolled students or other students living in the same school zone. There are some situations where child may be able to use a neighboring school zone's facility so please inquire. Usage is on a registration basis and one may attend freely after enrolled. Also available during long vacations.

Opening of classrooms

Open 1:00-5:00pm weekdays (extendable until 6:00pm) and 9:00-5:00pm Saturdays and during long breaks (extendable until 6:00pm). Closed Sundays, holidays, December 29th through January 3rd and for other temporary reasons.

Opening of school yards

Available for one hour before school and after school until 5:00pm (4:30pm from mid-October through late January). Time varies on weekends and long breaks per school.

Opening of libraries

Open Wednesdays after school lets out until 5:00pm and Saturdays 9:00-5:00pm. Closed 12:00-1:00pm. Open 1:00-5:00pm on Wednesdays and Saturdays during long breaks.

Asobee	Phone number
1 st Elementary	22-1425
2 nd Elementary	51-4897
3 rd Elementary	72-3910
4 th Elementary	22-1504

5 th Elementary	51-5291
Onoden Elementary	51-0786
Kyonan Elementary	32-3404
Honjuku Elementary	22-4724
Senkawa Elementary	51-5764
Inokashira Elementary	51-7193
Sekimaeminami Elementary	55-0129
Sakurano Elementary	53-4772

Sakurazutsumi Jidokan

Sakurazutsumi 2-1-29 (53-2206)

A place to stimulate young childrens' minds and growth through play. Kids may take part in various games, read books or play freely. Kids may enjoy lunch from 12:00-1:00pm. Open 9:30-5:30pm April through September and 9:30-5:00pm October through March. Closed Sundays, holidays and December 29th through January 3rd (excluding Children's Day).

Musashino Jamboree

Youth Affairs Section (60-1853)

Jamboree is a nature excursion for 3 days and 2 nights for eligible elementary school students during summer vacation and is held at each elementary school. Children will stay in the Nature Village in Kawakami Village in Nagano prefecture which has mountains and lush plant life making up its beautiful scenery. Lodging will be in a cabin and activities will include: outdoor cooking, hiking, campfires, night sky observation etc. The goal of this outing is to deepen the children's interest and understanding of nature and living together with people from the same community. In an effort to get kids involved in volunteering and community activities, middle and high school students will also take part as sub leaders. For any 4-6th graders. Stays will be from the end of July to mid-August. Registration begins in May and time varies per school.

Play Park (Sakai Adventure Playground Park)

Youth Affairs Section (60-1853)

Kids can enjoy out of the ordinary activities such as climbing trees, spinning tops etc. and let their imagination run wild. There is always staff on duty to watch over children Wednesday through Sunday, 10:00-5:00pm. Closed Mondays, Tuesdays, August 13th through 15th and December 28th through January 4th. Park may be used for general use on days of closure from 9:00-5:00pm.

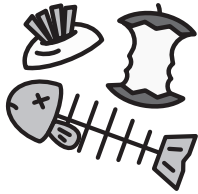
Khabarovsk Nature Excursion

Every other year juniors from Musashino travel to Khabarovsk Russia to have a nature outing and homestay to interact with Russian children of the same age.

Disposal of burnable garbage - 2 times a week

Please use Musashino specified bags and tie top tightly.

Kitchen scraps

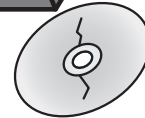


Be sure to dry out first.



Sea shells

Plastic goods



Bowls, toys, buckets, jerry cans etc.

Video and cassette tapes, CDs & DVDs, records, etc.

Non-recyclable paper products



Paper containers and cups with a water resistant finish.



Pictures

Paper or pictures that have been dirtied by water, dirt, oil, thermal/ carbon paper etc.

Non-recyclable clothing



Unwearable old clothes and cloth

Any underwear, socks, scarves, ties, gloves, towels, suits, cloth etc. that cannot be washed clean.

Non-recyclable plastic bottles, containers and packaging

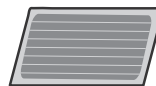


Plastic bottles, containers and packaging that cannot be cleaned properly.

Other



Please dispose of kitty litter in small amounts.



Pet diapers and sheets



Rubber goods



Shoes



Aluminum foil



Wrapping



Bags



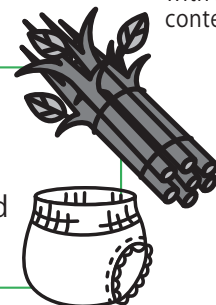
Belts
Disposable even with some metal content.

The below items can be disposed of free of charge.

Branches and leaves etc.

Diapers

Be sure to remove all excrements from diapers, place them in a clear or semi-transparent bag and visibly write omutsu on the bag.



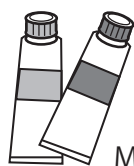
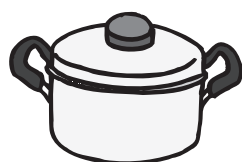
Please have trash and recyclables out by 9:00am.

Disposal of non-burnable garbage — 2 times a month

Please use Musashino specified bags and tie top tightly.

Metal objects such as pots, ceramics and glass products

Pots



Metal tubes



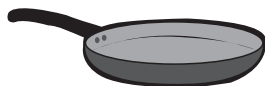
Metal silverware



Ceramics



Glass cups etc.



Frypans

Small electronics (can fit into city garbage bags and top can be tied)



Remove batteries and place in hazardous waste.



Light bulbs and LEDs

All fluorescent lights must be put into hazardous waste

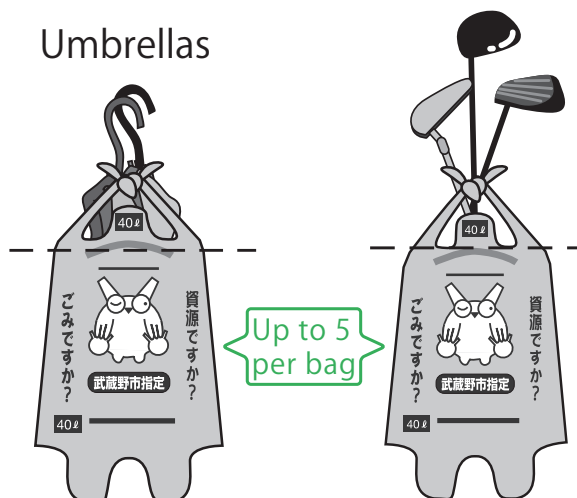
Non-recyclable cans

Any cans that cannot be cleaned such as paint cans, gasoline/kerosene cans. Must be empty.



Long metal objects

Umbrellas



Caution: All umbrellas, gold clubs, metal bats and long objects must be over halfway in the bag and the top must be tied tightly.

Non-recyclable bottles

Any heat resistant, white colored bottles, any bottles used to store food or make cider or bottles that cannot be properly cleaned.

Knives and razors



Make sure all blades are sheathed.

Other



Floppy disks etc.

Any electronics that are non-recyclable and not computers and cannot fit into a 40 liter bag are considered bulky trash. Please see page 18-19. Even if it fits into a garbage bag, it may still be classified as bulky trash due to weight or shape. Please contact the Refuse Management Section for more details.

Please have trash and recyclables out by 9:00am.

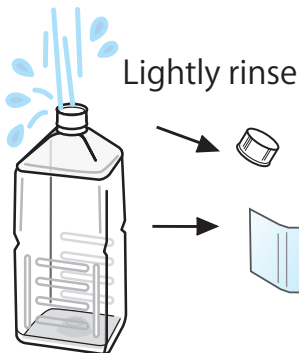
Plastic bottles — Once a week



Plastic bottle recycle mark

Please place in a transparent/semi-transparent bag.
Caps and plastic wrappers must be removed.

- Any plastic bottles marked as recyclable.
- Please put out damaged bottles on the same day.
- Try to crush the bottles first to save space.
- Remove lid and label (as shown to left).
- Will be recycled into polyester fiber etc.



Lightly rinse

Bottles also collected at Musashino super markets.

Instructions for lids, labels and other plastic wrapping and containers.

Please have trash and recyclables out by 9:00am.

Other plastic wrappers and containers — Once a week



Recyclable plastic mark

Please place in a transparent/semi-transparent bag.
Caps and plastic wrappers must be removed.

Lightly rinse



Trays also collected
at Musashino super
markets.

- Any empty plastic containers or plastic wrappers with the recycle mark.

- You don't need to remove labels if they aren't easily removable.

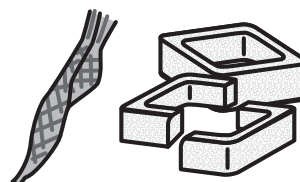
Plastic bags, candy bags,
plastic trays



shampoo/detergent
containers, refill packets.



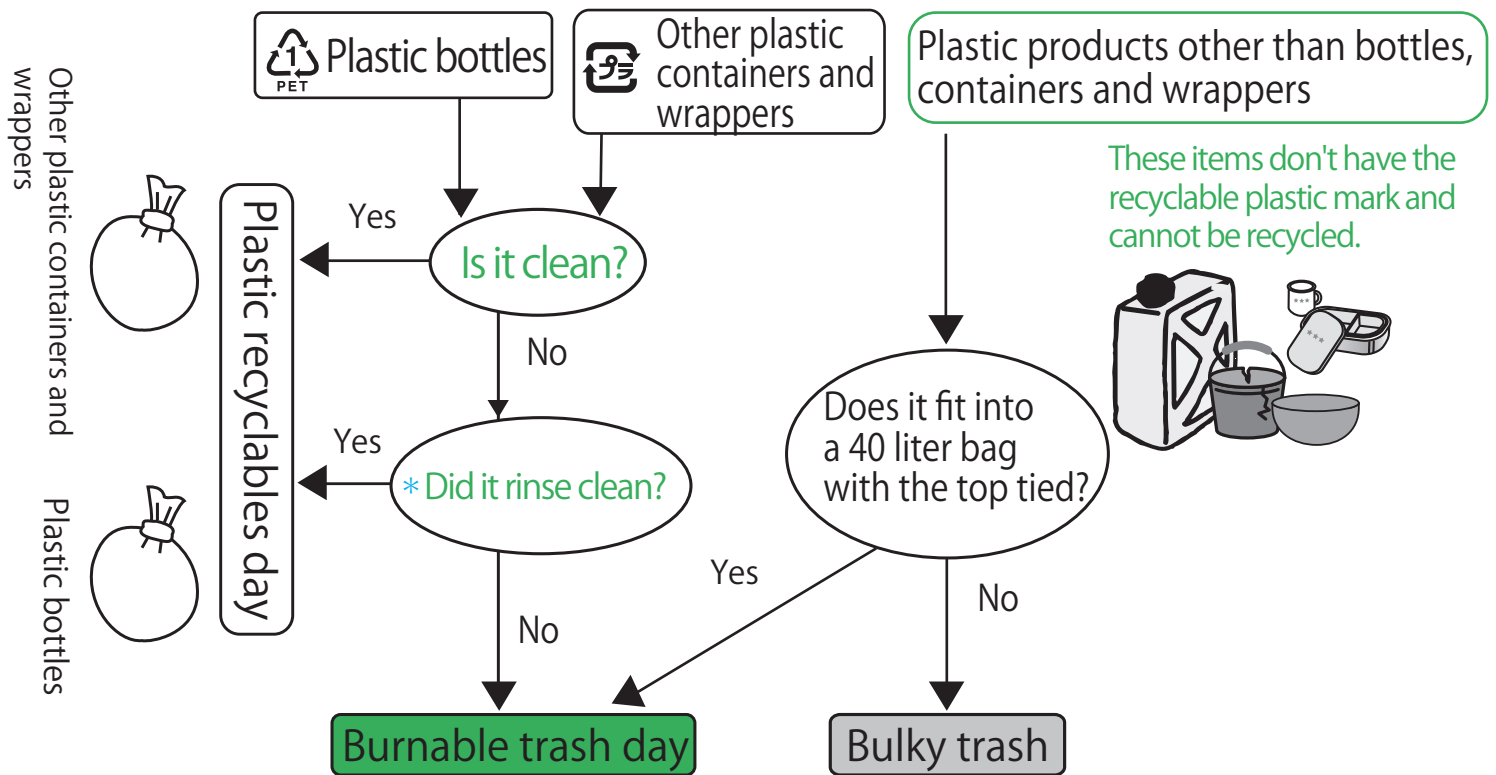
* Fruit nets, styrofoam and other packaging are
recyclable even if they don't have a mark.



Styrofoam is burnable trash.

* Medical waste/cleaning bags etc. are
non-recyclable even if they have a mark.

How to dispose of plastic products



Please have trash and recyclables out by 9:00am.

Hazardous trash—Once a week—

Spray and gas cans

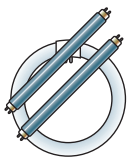
Only put out after depleting contents. Do not puncture the container.



If the contents haven't been depleted put in separate bag and write nokoriari.

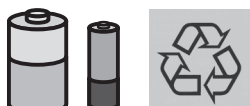
Please write yuugaigomi on a hazardous trash bag or a clear bag.

● Do not mix with any other trash.



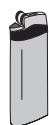
Fluorescent lights

Please place into a paper case etc. when putting out. If it's been shattered, please put in non-burnables



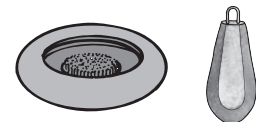
Batteries

All regular batteries and rechargables with the recycle mark can be submitted at retail outlets. Any electronics or toys in which the battery cannot be removed are hazardous trash.



Lighters

Only put out empty ones. If there is lighter fluid inside write nokoriari on the bag.



Fishing goods

Needle holders and weights etc.

Mercury blood pressure devices
Mercury thermometers



Hazardous trash bags are available at the Refuse Management Section and all city administration and community centers.

Please have trash and recyclables out by 9:00am.

Bottles — Once a week



General glass bottles from food and drink products excluding white bottles.



Lightly rinse

Place in a transparent/semi-transparent bag after lightly rinsing and don't mix with cans.

- Put out broken glass on the same day, but be extra careful and be sure it is safe for those collecting it as well.
- Corks and lids must be put in burnable, non-burnable or other plastics based on material.
- It's fine even if you cannot remove labels.
- If it cannot be cleaned it is non-burnable trash.
- Heat resistant and white glass bottles are non-burnable trash.
- Any bottles used to store food or make cider etc. are non-burnable trash.
- Will be recycled into glass and subbase etc.

Please have trash and recyclables out by 9:00am.

Cans — Once a week



Aluminum cans



Steel cans

Plastic bottle recycle mark



Lightly rinse

Place in a transparent/semi-transparent bag after lightly rinsing and don't mix with bottles.

- Bend metal lids inward or insert into cans.
- Any parts that are not solid metal must be put in non-burnable trash.
- Anything that cannot be cleaned is non-burnable trash.
- Cans full of dirty paper and cigarette butts etc. cannot be recycled so please put out with non-burnable trash.
- Will be recycled into cans, aluminum and iron products.

Steel and aluminum cans from canned goods, juice etc.



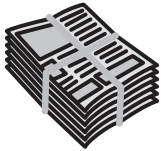
Please have trash and recyclables out by 9:00am.

Paper products — Once a week

Please try not to put out on a rainy day as wet paper products will grow mold.

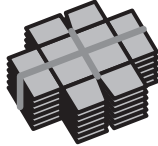
Please separate by type and tie up or place in a bag. Please do not use tape.

Newspapers and flyers



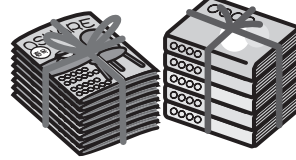
Recycled into cardboard boxes, picture books, newspapers, magazines, printer paper etc.

Cardboard



Recycled into cardboard

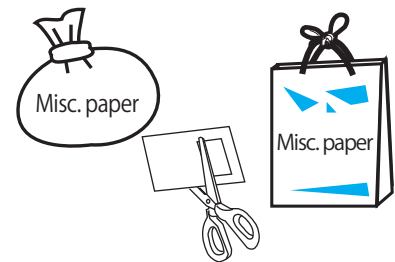
Magazines, books, notebooks etc.



Recycled into cardboard, magazines etc.

Are you mixing miscellaneous paper with burnable trash?

Any envelopes, memos, candy boxes, makeup boxes, cardboard and packaging are all recycled into cardboard or magazines etc. Please place into a clear bag, label it zatsugami and tie it tightly.

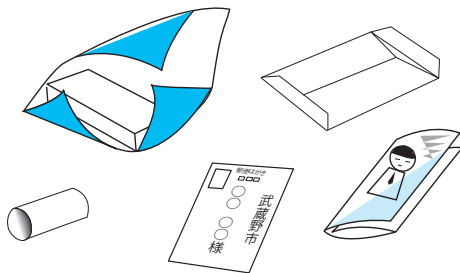


Make sure all paper clips and other metal/non-paper products have been removed.

Please remove plastic from tissue boxes and envelopes etc. and put the plastic in burnable trash.

○ Recyclable (Misc. papers)

- Cardboard, candy/makeup boxes
- Copy paper, paper packaging, paper bags, envelopes
- Post cards, letter paper, shredded paper
- Chopstick wrappers, sticky notes
- Chopstick wrappers, sticky notes
- Calendars, tissue boxes
- Cigarette boxes
- Wrap and paper foil, toilet paper cardboard
- Pulp molds (egg and fruit containers)



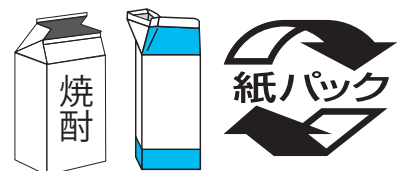
✗ Non-recyclable (non burnable trash)

- Dirty/carbon/oil/blotting paper
- Glossy receipts or faxes
- Adhesive paper, tape, Japanese paper, pictures
- Seal or wax paper
- Plastic paper (part of wrappers etc.)
- Ironing paper
- Aluminum lined paper
- Water proof lining paper (food and drink paper etc.)
- Fragrant paper (detergent, soap, incense etc.)



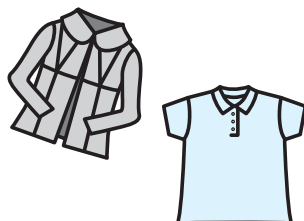
Most recyclables will have this mark, but sometimes non-recyclables have it as well. Please refer to above information to determine whether or not it is recyclable.

All cartons, even with some aluminum are ok.



Please have trash and recyclables out by 9:00am.

Clothing — Once a week



Put non-wearable clothes
in burnable trash.

Please put out in a transparent/semi-transparent bag.


* If clothes get wet they may grow moldy and will later be put into burnable trash. Please refrain from putting out on a rainy day.

Wearable clothes

- Any dirty clothes or underwear, socks, scarves, ties, gloves and Japanese traditional wear etc. should be put into burnable garbage.
- All towels and sheets etc. are burnable trash.
- All clothes collected will be donated and reused. Please do not remove any buttons etc.

Trash not collected or processed by Musashino

Below items must be collected by retail outlets or private trash companies etc.

Tvs, air conditioners, washers, dryers, freezers and fridges etc.	Please inquire with retail outlets or call an electronic/appliance recycling center (042-485-1681).
Household computers  Computers without this mark cost a fee to be collected.	Please contact retail outlet, manufacturer or Computer 3R Promotion Society (03-5282-7685).
Used medical syringes	Please return to the pharmacy or medical institution you obtained it from or contact the Musashino Pharmacists Society (0422-55-6710).
Fire extinguishers	Please contact retail outlet.
Bicycles	Please contact the Bicycle Recycling Call Center (050-3000-0727).
Gas tanks	Please call the Tokyo LP Gas call center (0120-388-327).
Benzine, gasoline, kerosene, oil and waste etc.	Please return to nearest gas station or kerosene retailer.
Large quantities of commercial trash (temporary or permanent)	Please contact the Refuse Management Section (0422-60-1802).
Demolished building rubble (Any small scale home scrap materials require inquiry with the Refuse Management Section)	Tokyo Industrial Waste Management (03-5283-5455).
Hazardous waste such as pesticide, agricultural chemicals and drugs with no labels etc.	Please contact retail outlet.
Other (dirt, sand, rock, concrete, blocks, bricks, tile, bowling balls, fire safes, paint, pianos, batteries, bicycle parts etc.	